

WHEN YOU'VE MARRIED THE WRONG PERSON

Relationship Goals: Part 2

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TOP MARRIAGE MYTHS

1. All you need is LOVE.
2. God wants me to be HAPPY.
3. When you're meant for each other, IT JUST WORKS.
4. When it doesn't work the best thing to do is DIVORCE.

WHAT USUALLY GOES WRONG IN A MARRIAGE

1. UNRESOLVED pain.
2. UNMET expectations.
3. UNDERESTIMATED differences.
4. UNFORGIVEN mistakes.

HOW TO DO A MARRIAGE MAKEOVER

ACEPT RESPONSIBILITY FOR MY ACTIONS.

"It's easy to see a smudge on your neighbor's face and be oblivious to the ugly sneer on your own. Do you have the nerve to say, 'Let me wash your face for you,' when your own face is distorted by contempt? ...Wipe that ugly sneer off your own face, and you might be fit to offer a washcloth to your neighbor." (Matthew 7:3-5, The Message)

"Each person must be responsible for himself." (Galatians 6:5, NCV)

BELIEVE MY MARRIAGE CAN CHANGE.

"Jesus looked at them intently and said, 'Humanly speaking, it is impossible. But with God everything is possible.'" (Matthew 19:26, NLT)

Two Poisonous Practices

1) **COMPLAINING**.

"Do everything without complaining and arguing," (Philippians 2:14, NLT)

2) **COMPARING**.

"That means we will not compare ourselves with each other as if one of us were better and another worse..." (Galatians 5:26, The Message)

CLOSE THE BACK DOOR OF **DIVORCE**.

"And let us not get tired of doing what is right...we will reap a harvest of blessing if we don't get discouraged and give up." (Galatians 6:9, The Living Bible)

DEAL WITH **UNRESOLVED** HURTS.

• BY **ASKING** FORGIVENESS

"Admit your faults to one another and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results." (James 5:16, The Living Bible/NLT)

• BY **OFFERING** FORGIVENESS

"Be gentle and ready to forgive; never hold grudges. Remember, the Lord forgave you, so you must forgive others." (Colossians 3:13, The Living Bible)

ENLIST SUPPORT.

"Get all the advice you can and be wise the rest of your life." (Proverbs 19:20, The Living Bible)

"It takes wisdom to have a good family, and it takes understanding to make it strong." (Proverbs 24:3, NCV)

FIGHT ON YOUR KNEES.

"God, who is at work within you, will give you the will and the power to achieve his purpose." (Philippians 2:13, Phillips)

"For I can do everything through Christ, who gives me strength." (Philippians 4:13, NLT)

ACTION STEPS

Relationship Goals Reading Plan
Care Group: Boundaries in Marriage
Marriage Counseling

Resources:

5 Love Languages by Gary Chapman
How We Love: Discover Your Love Style, Enhance Your Marriage by Milan & Kay Yerkovich