

Taking Frustrations Out of Fatherhood

Father's Day

June 18, 2023

Pastor Gary

"The Lord makes firm the steps of the one who delights in him; though he may stumble, he will not fall, for the Lord upholds him with his hand." (Psalm 37:23–24, NIV)

4 Frustration-Diffusing Decisions I Must Make

1. Decide to do what is **RIGHT**.

"If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it." (Genesis 4:7, NIV)

2. Decide to regularly **READ** His Word.

"For everything that was written in the past was written to teach us, so that through the endurance taught in the Scriptures and the encouragement they provide we might have hope." (Romans 15:4, NIV)

ACTION STEPS

Go to 2nd Base

Complete the Parenting Principle Online Course

Complete the "Proverbs- Introduction to Wisdom" Reading Plan

3. Decide to **REGULATE** according to the season.

"There is a time for everything, and a season for every activity under the heavens:" (Ecclesiastes 3:1, NIV)

4. Decide to **RELY** on God.

"The Lord makes firm the steps of the one who delights in him; though he may stumble, he will not fall, for the Lord upholds him with his hand." (Psalm 37:23–24, NIV)

ACTION STEPS

Schedule your down time with God.

Honor a father-figure in your life.