

Raising mostly Healthy Kids

BLESS THIS HOME: PART 3

April 22, 2018

Pastor Brian

Ephesians 5:21–6:4 (NLT)

²¹ And further, submit to one another out of reverence for Christ. ²² For wives, this means submit to your husbands as to the Lord. ²³ For a husband is the head of his wife as Christ is the head of the church. He is the Savior of his body, the church. ²⁴ As the church submits to Christ, so you wives should submit to your husbands in everything.

²⁵ For husbands, this means love your wives, just as Christ loved the church. He gave up his life for her ²⁶ to make her holy and clean, washed by the cleansing of God's word. ²⁷ He did this to present her to himself as a glorious church without a spot or wrinkle or any other blemish. Instead, she will be holy and without fault. ²⁸ In the same way, husbands ought to love their wives as they love their own bodies. For a man who loves his wife actually shows love for himself. ²⁹ No one hates his own body but feeds and cares for it, just as Christ cares for the church. ³⁰ And we are members of his body.

³¹ As the Scriptures say, "A man leaves his father and mother and is joined to his wife, and the two are united into one." ³² This is a great mystery, but it is an illustration of the way Christ and the church are one. ³³ So again I say, each man must love his wife as he loves himself, and the wife must respect her husband.

¹ Children, obey your parents because you belong to the Lord, for this is the right thing to do. ² "Honor your father and mother." This is the first commandment with a promise: ³ If you honor your father and mother, "things will go well for you, and you will have a long life on the earth."

⁴ Fathers, do not provoke your children to anger by the way you treat them. Rather, bring them up with the discipline and instruction that comes from the Lord.

THE RIGHT INGREDIENTS FOR RAISING MOSTLY HEALTHY KIDS

1. RIGHT ROLES.

"As the Scriptures say, 'A man leaves his father and mother and is joined to his wife, and the two are united into one.'" (Ephesians 5:31, NLT)

BIBLICAL DEFINITION OF MARRIAGE:

A biblical marriage is the covenantal union of one man with one woman for life.

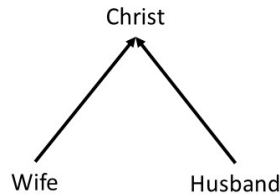
"Marriage should be honored by all..." (Hebrews 13:4, NIV84)

2. RIGHTLY RELATING.

“And further, submit to one another out of reverence for Christ.” (Ephesians 5:21, NLT)

BIBLICAL DEFINITION OF A CHRISTIAN FAMILY:

A Christian family is when a husband and wife commit to build their home on God’s principles and priorities.



Love and Respect

“So again I say, each man must love his wife as he loves himself, and the wife must respect her husband.” (Ephesians 5:33, NLT)

Love & Respect by Dr. Emerson Eggerichs

3. RIGHTLY GUIDING.

“Fathers, do not provoke your children to anger by the way you treat them. Rather, bring them up with the discipline and instruction that comes from the Lord.” (Ephesians 6:4, NLT)

“A refusal to correct is a refusal to love; love your children by disciplining them.” (Proverbs 13:24, The Message)

	PUNISHMENT	DISCIPLINE
Purpose:	Inflict penalty	Promote growth
Focus:	Past	Future
Attitude:	Anger	Love
Result:	Fear/Guilt	Security/Hope

How to *Lovingly* Discipline

♥ QUICKLY

“...if you love [your son], you will be prompt to punish him.” (Proverbs 13:24, The Living Bible)

♥ CALMLY

“Foolish people lose their tempers, but wise people control theirs.” (Proverbs 29:11, NCV)

♥ **ACCORDINGLY**

"Words alone will not discipline...the words may be understood, but they are not heeded." (Proverbs 29:19, NLT)

♥ **SPARINGLY**

"Fathers, don't scold your children so much that they become discouraged and quit trying." (Colossians 3:21, The Living Bible)

4. SETS THE RIGHT PATH.

"Children, obey your parents because you belong to the Lord, for this is the right thing to do." (Ephesians 6:1, NLT)

"Point your kids in the right direction— when they're old they won't be lost." (Proverbs 22:6, The Message)

"For everyone belongs to me, the parent as well as the child—both alike belong to me. The one who sins is the one who will die." (Ezekiel 18:4, NIV)

ACTIONS

Family Dedication

Leading Your Child to Christ Seminar

Bless this Home Workshops 5/20