

# THE VALUE OF COACHING

#WINNING: 6<sup>th</sup> Inning

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Pastor Brian

**Video Interview with Dr. Ron Siers**  
Distinguished Professor at Salisbury University  
Associate Head Baseball Coach

## Listening Notes

1. Exemplary leaders are:
  - a. Relentlessly **HONEST**.
  - b. Relentlessly inspiring.
  - c. Lifelong learners.
  - d. Forward thinking.
2. Transformational leaders vs. transactional leaders:
  - a. Transformational leaders leverage both **TRANSPARENCY** and truth-telling for the purpose of improving those they lead.
  - b. Difference between the two: “What can I **GET OUT OF** you” versus “What can I **PUT INTO** you?”
3. What one characteristic was found in the greatest competitors? **THEY ALL HAD A COACH!**

## 5 Coaches I Need in My Life

*“Don’t you realize that in a race everyone runs, but only one person gets the prize? So run to win! All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step. I am not just shadowboxing.”  
(1 Corinthians 9:24–26, NLT)*

### 1. **SPIRITUAL** COACHES.

*“...Our goal is to measure up to God’s plan for us.” (2 Corinthians 10:13b, TLB)*

What do I need to **KNOW IN ORDER TO GROW!** Speak with your VP or ministry leader.

### 2. **RELATIONAL** COACHES.

*“Let love be your highest goal!” (1 Corinthians 14:1a, NLT)*

Healthy **ME** or healthy **MARRIAGE**. Email: Solutions@orbc.net

### 3. HEALTH COACHES.

*“Don’t you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body.” (1 Corinthians 6:19–20, NLT)*

See your DOCTOR / Get a Physical Trainer

### 4. VOCATIONAL COACHES.

*“Plans go wrong for lack of advice; many advisers bring success.” (Proverbs 15:22, NLT)*

Who’s KNOWS me best?  
Who’s where I WANT TO BE?

### 5. FINANCIAL COACHES.

*“Good planning and hard work lead to prosperity, but hasty shortcuts lead to poverty.” (Proverbs 21:5, NLT)*

Who can help me set and achieve my financial GOALS?  
Money Management Ministry / <https://www.daveramsey.com/>

#### **Recommended Resources:**

Emotionally Healthy Spirituality: It's Impossible to Be Spiritually Mature, While Remaining Emotionally Immature by Peter Scazzero

Daniel Plan: 40 Days to a Healthier Life by Rick Warren, Dr. Daniel Amen, and Dr. Mark Hyman

Drive: The Surprising Truth About What Motivates Us by Daniel Pink

The Total Money Makeover by Dave Ramsey