

# FIVE DAILY HABITS FOR HAPPINESS

## THE HABITS OF HAPPINESS: PART 7

November 1, 2015

Philippians 3:1-14

Pastor Brian

### 1. EVERY DAY: RELAX IN GOD'S GRACE.

*"...We Christians glory in what Christ Jesus has done for us and realize that we are helpless to save ourselves." (Philippians 3:3, The Living Bible)*

*"...We couldn't carry this off by our own efforts, and we know it—" (Philippians 3:3, The Message)*

#### THE TRAP: LEGALISM (vss. 2-6)

Rituals - Race - Religion - Rules - Reputation

*"...As far as a person can be righteous by obeying the commands of the Law, I was without fault." (Philippians 3:6, GNB)*

*"...I no longer count on my own righteousness through obeying the law; rather, I become righteous through faith in Christ. For God's way of making us right with himself depends on faith." (Philippians 3:9, NLT)*

### 2. EVERY DAY: REMEMBER WHAT MATTERS MOST.

*"Those things were important to me, but now I think they are worth nothing because of Christ." (Philippians 3:7, NCV)*

#### THE TRAP: CULTURE (1 John 2:15-17)

*"Yes, everything else is worthless when compared with the infinite value of knowing Christ Jesus my Lord. For his sake I have discarded everything else, counting it all as garbage, so that I could gain Christ and become one with him..." (Philippians 3:8-9, NLT)*

### 3. EVERY DAY: RELENTLESSLY PURSUE JESUS.

*"All I want is to know Christ and to experience the power of his resurrection, to share in his sufferings and become like him in his death, in the hope that I myself will be raised from death to life." (Philippians 3:10-11, GNB)*

*"[For my determined purpose is] that I may know Him [that I may progressively become more deeply and intimately acquainted with Him, perceiving and recognizing and understanding the wonders of His Person more strongly and more clearly]..." (Philippians 3:10, ANT)*

**THE TRAP: BUSYNESS (Luke 10:38-42)**

*“Be still, and know that I am God!” (Psalm 46:10a, NLT)*

**4. EVERY DAY: REVIEW MY GROWTH.**

*“I don’t mean to say I am perfect. I haven’t learned all I should even yet, but I keep working toward that day when I will finally be all that Christ saved me for and wants me to be. No, dear brothers, I am still not all I should be...” (Philippians 3:12–13, The Living Bible)*

**THE TRAP: PRIDE (James 4:6)**

*“Test yourselves to make sure you are solid in the faith. Don’t drift along taking everything for granted. Give yourselves regular checkups. You need firsthand evidence, not mere hearsay, that Jesus Christ is in you. Test it out. If you fail the test, do something about it.” (2 Corinthians 13:5, The Message)*

**5. EVERY DAY: RELEASE THE PAST AND FOCUS ON THE FUTURE!**

*“...I focus on this one thing: Forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.” (Philippians 3:13–14, NLT)*

**THE TRAPS:**

**REGRET (2 Corinthians 7:10)**

**RESENTMENT (Hebrews 12:15)**

**RUT (Deuteronomy 10:16)**

*“Forget the former things; do not dwell on the past. See, I am doing a new thing!” (Isaiah 43:18–19a, NIV)*

**ACTION STEP:**

