# **SLOWING DOWN**

Home for the Holidays: Part 2

December 4, 2016 Pastor Brian

### **EFFECTS OF A HURRIED LIFESTYLE**

### • I FEEL STRESSED OUT.

"...I had no time to care for myself." (Song of Solomon 1:6, GNB)

#### • I LOSE MY JOY.

"My days go by faster than a runner; they fly away without my seeing any joy." (Job 9:25, NCV)

#### • I AM LESS PRODUCTIVE.

"Careful planning puts you ahead in the long run; hurry and scurry puts you further behind." (Proverbs 21:5, The Message)

"A person in a hurry makes mistakes." (Proverbs 19:2b, GW)

### • I CAN'T HEAR GOD.

"Be still, and know that I am God!" (Psalm 46:10a, NLT)

### **HOW TO S.L.O.W. YOUR PACE**

# STOP PURSUING STUFF.

"It is better to have only a little, with peace of mind, than to be busy all the time with both hands, trying to catch the wind." (Ecclesiastes 4:6, GNB)

"Then he said, "Beware! Guard against every kind of greed. Life is not measured by how much you own."" (Luke 12:15, NLT)

### LEARN TO **SAY NO!**

"An impulsive vow is a trap; later you'll wish you could get out of it." (Proverbs 20:25, The Message)

"The mouths of fools are their ruin; they trap themselves with their lips." (Proverbs 18:7, NLT)

"It is better to say nothing than to make a promise and not keep it. Don't let your mouth make you sin..." (Ecclesiastes 5:5–6, NLT)

# **SLOWING DOWN**

Home for the Holidays: Part 2

December 4, 2016 Pastor Brian

OBEY THE 4<sup>TH</sup> COMMANDMENT.

"You have six days in which to do your work, but the seventh day is a day of rest dedicated to me..." (Exodus 20:9–10, GNB)

"It's useless to rise early and go to bed late, and work your worried fingers to the bone. Don't you know he enjoys giving rest to those he loves?" (Psalm 127:2, The Message)

"Only one thing is important. Mary has chosen the better thing, and it will never be taken away from her." (Luke 10:42, NCV)

# Wait on GOD.

"God...does everything just right and on time, but people can never completely understand what he is doing." (Ecclesiastes 3:11, NCV)

"It is not yet time for the message to come true, but that time is coming soon; the message will come true. It may seem like a long time, but be patient and wait for it, because it will surely come; it will not be delayed." (Habakkuk 2:3, NCV)

"God, make a fresh start in me, shape a Genesis week from the chaos of my life." (Psalm 51:10, The Message)

#### **ACTIONS:**

**INVITE to Santa's Wonderland / Candlelight Services** 

**25 DAY READING PLAN:** 

Christmas Encouragement
by Greg Laurie on Bible App (YouVersion)