

4 Simple Steps to Resolution Success

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Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step. I am not just shadowboxing. I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified.
(1 Corinthians 9:24-27 NLT)

4 REASONS WE FAIL.

- Lack of CLARITY
- Lack of FOCUS
- Lack of SUPPORT
- Lack of COMMITMENT

4 STEPS TO SUCCESS.

I must:

1. PUT A STAKE in the GROUND.

“So run to win. . . I am not just shadowboxing” (1 Corinthians 9:24b,26b NLT)

“We should make plans—counting on God to direct us.” (Proverbs 16:9 The Living Bible)

- Write it down.
- Make it Simple & Clear.
- Share it on Social Media.
- Talk about it with the people who matter to you.

2. Allow my goal to **COLOR EVERYTHING** I do.

"So I run with purpose in every step. . . . I discipline my body like an athlete, training it to do what it should."
(1 Corinthians 9:26-27 NLT)

"Set your minds on things that are above, not on things that are on earth." (Colossians 3:2 ESV)

3. **SURROUND MYSELF** with the right people.

"They do it to win a prize that will fade away, but we do it for an eternal prize."
(1 Corinthians 9:25b NLT)

*"Though one may be overpowered,
two can defend themselves.
A cord of three strands is not quickly broken."* (Ecclesiastes 4:12 NIV)

"Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near."
(Hebrews 10:24,25 NLT)

4. **KEEP GOING** - no matter how I feel.

"I discipline my body like an athlete, training it to do what it should. " (1 Corinthians 9:27 NLT).

*"The human heart is the most deceitful of all things,
and desperately wicked.
Who really knows how bad it is?"*
(Jeremiah 17:9, NLT)

"Temptation comes from our own desires, which entice us and drag us away. These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death."
(James 1:14, 15 NLT)

Action Step:

Complete a **LIFE DEVELOPMENT PLAN**