

I AM...THE BREAD OF LIFE

I AM: PART ONE

August 12, 2018

Pastor Brian

Circle the top 3 Hunger Satisfying Foods.

Boiled Potatoes	Snickers	Soup	Eggs	White Bread
White Rice	A Pepsi or Coke	Oatmeal	White Pasta	Fish

John 6:30–34 (NLT)

³⁰ They answered, "Show us a miraculous sign if you want us to believe in you. What can you do?" ³¹ After all, our ancestors ate manna while they journeyed through the wilderness! The Scriptures say, 'Moses gave them bread from heaven to eat.'"

³² Jesus said, "I tell you the truth, Moses didn't give you bread from heaven. My Father did. And now he offers you the true bread from heaven. ³³ The true bread of God is the one who comes down from heaven and gives life to the world."

³⁴ "Sir," they said, "give us that bread every day."

WHERE WE TRY TO SATISFY OUR HUNGER

1. PLEASURE.

"You're addicted to thrills? What an empty life! The pursuit of pleasure is never satisfied." (Proverbs 21:17, The Message)

2. PERFORMANCE.

"Why work hard for something that doesn't satisfy?" (Isaiah 55:2b, CEV)

3. POSSESSIONS.

"If you love money and wealth, you will never be satisfied with what you have." (Ecclesiastes 5:10a, CEV)

4. PEOPLE.

"But all this gives me no satisfaction as long as I see that Jew Mordecai sitting at the king's gate." (Esther 5:13, NIV)

"If you live for people's acceptance, you'll die from their rejection." — Lecrae Moore

HOW TO FIND REAL SATISFACTION

1. SEE MY HUNGER.

“Yes, he humbled you by letting you go hungry...He did it to help you realize that food isn’t everything, and that real life comes by obeying every command of God.” (Deuteronomy 8:3, The Living Bible)

“The GOD-of-the-Angel-Armies spoke out again: “Take a good, hard look at your life. Think it over. You have spent a lot of money, but you haven’t much to show for it. You keep filling your plates, but you never get filled up. You keep drinking and drinking and drinking, but you’re always thirsty. You put on layer after layer of clothes, but you can’t get warm. Your wages disappear as though you were putting them in pockets filled with holes!” (Haggai 1:5–6, The Message/NLT)

2. STOP EATING SUBSTITUTES.

“The poor, deluded fool feeds on ashes. He trusts something that can’t help him at all. Yet he cannot bring himself to ask, “Is this idol that I’m holding in my hand a lie?”” (Isaiah 44:20, NLT)

“During that time the devil came and said to him, “If you are the Son of God, tell these stones to become loaves of bread.” But Jesus told him, “No! The Scriptures say, ‘People do not live by bread alone, but by every word that comes from the mouth of God.’”” (Matthew 4:3–4, NLT)

3. SEEK SATISFACTION IN THE SAVIOR.

“Jesus replied, “I am the bread of life. Whoever comes to me will never be hungry again. Whoever believes in me will never be thirsty.” (John 6:35, NLT)

“They asked for meat, and he sent them quail; he satisfied their hunger with manna—bread from heaven.” (Psalm 105:40, NLT)

“Because your love is better than life, my lips will glorify you. I will praise you as long as I live, and in your name I will lift up my hands. My soul will be satisfied as with the richest of foods; with singing lips my mouth will praise you.” (Psalm 63:3–5, NIV84)

LAST THOUGHT

WHAT AM I FEEDING ON THAT’S ONLY MAKING ME HUNGRIER?