

IN THE FACE OF FEAR

ANXIOUS FOR NOTHING: PART 2

March 7, 2021 | Gary McCabe

“the one who is in you is greater than the one who is in the world.” (1 John 4:4b, NIV)

Fear is a **MAGNIFIER**

Fear is a **DISTORTER**

Fear is a **PARALYZER**

What do I do in the face of fear?

1. **RESPOND** with the truth.

“But Jesus told him, “No! The Scriptures say. . . (Mark 14:33a MSG)

Memorize the Bible/Anxious for Nothing Devo

2. **REMEMBER** God is with you.

“for they all saw him and were terrified. But immediately he spoke to them and said, “Take heart; it is I. Do not be afraid.”” (Mark 6:50, ESV)

“So you have not received a spirit that makes you fearful slaves. Instead, you received God’s Spirit when he adopted you as his own children. Now we call him, ‘Abba, Father.’” (Romans 8:15, NLT)

3. **REFOCUS** on others.

“We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God’s throne.” (Hebrews 12:2, NLT)

“For the Holy Spirit, God’s gift, does not want you to be afraid of people, but to be wise and strong, and to love them and enjoy being with them.” (2 Timothy 1:7, The Living Bible)

Sign up for PEACE 1 DAY