The Habits of a Healthy Marriage

BLESS THIS HOME: PART 4 April 29, 2018 **Pastor Brian**

"...Live in harmony by showing love for each other. Be united in what you think, as if you were only one person." (Philippians 2:2, CEV)

"Make every effort to keep the unity of the Spirit through the bond of peace." (Ephesians 4:3, NIV)

SIX HABITS OF HEALTHY MARRIAGES

1. COMMUNICATION.

"An unreliable messenger can cause a lot of trouble. Reliable communication permits progress." (Proverbs 13:17, The Living Bible)

BOOK: MEN ARE FROM MARS, WOMEN ARE FROM VENUS by John Gray

2. CONSIDERATION.

"...steadily, pouring yourselves out for each other in acts of love," (Ephesians 4:2, The Message)

> BOOK: THE FIVE LOVE LANGUAGES by Gary Chapman BOOK: LOVE AND RESPECT by Emerson Eggerichs

3. COMPROMISE.

"Love does not demand its own way." (1 Corinthians 13:5b, The Living Bible)

BOOK: THE DNA OF RELATIONSHIPS by Gary Smalley

4. COURTSHIP.

"So be happy with your wife and find your joy with the woman you married...Let her charms keep you happy; let her surround you with her love." (Proverbs 5:18–19, GNB)

BOOK: MAKING LOVE LAST FOREVER by Gary Smalley

5. COMMITMENT.

"Therefore a man leaves his father and his mother and cleaves to his wife, and they become one flesh." (Genesis 2:24, RSV)

- **♥ PRIORITY**
- **▼ PERMANENCE**
- **♥ PURPOSE**

"I hate divorce," says the LORD God of Israel. "...Make sure that you do not break your promise to be faithful to your wife." (Malachi 2:16, GNB)

BOOK: SACRED MARRIAGE by Gary Thomas

6. CHRIST-CENTERED!

"I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me." (Galatians 2:20, NIV)

ACTIONS:

Read a book – 30-day challenge!
Take a workshop 5/20.
Get counseling or coaching:
410-742-6234 / solutions@orbc.net