HOW TO PRAY THROUGHOUT THE DAY

Pray: Part 6
July 17, 2022
Pastor Gary

"Pray in the Spirit <u>AT ALL TIMES</u> with <u>ALL KINDS OF PRAYERS</u>, asking for <u>everything you</u> <u>need</u>. To do this you must <u>always be ready</u> and never give up. And always pray for all God's people." (Ephesians 6:18, NCV)

Develop 2 Habits...

1. Schedule **DAILY** prayer times.

"Seven times a day I praise you!" (Psalm 119:164, NIV)

Get up with gratitude.

"Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow." (James 1:17, NLT)

Make a moment of mealtimes.

"Give us today our daily bread." (Matthew 6:11, NIV)

• Surrender before sleep.

"For yours is the kingdom, and the power, and the glory, forever! Amen!" (Matthew 6:13c, NAS)

2. Have an ONGOING conversation with God.

"Never stop praying! (Pray all the time!)" (1 Thessalonians 5:17, GW)

"Pray on every occasion, as the Spirit leads." (Ephesians 6:18, TEV)

ACTION STEP

Prayer Walk