

NAVIGATING THE SEASONS OF LIFE

How to Get Through What You're Going Through: Part 4

August 11, 2019

Pastor Brian

"As long as the earth remains, there will be springtime and harvest, cold and heat, winter and summer, day and night." (Genesis 8:22, TLB)

Ecclesiastes 3:1–8 (NLT)

¹ For everything there is a season, a time for every activity under heaven. ² A time to be born and a time to die. A time to plant and a time to harvest. ³ A time to kill and a time to heal. A time to tear down and a time to build up. ⁴ A time to cry and a time to laugh. A time to grieve and a time to dance. ⁵ A time to scatter stones and a time to gather stones. A time to embrace and a time to turn away. ⁶ A time to search and a time to quit searching. A time to keep and a time to throw away. ⁷ A time to tear and a time to mend. A time to be quiet and a time to speak. ⁸ A time to love and a time to hate. A time for war and a time for peace.

4 FACTS ABOUT THE SEASONS OF LIFE

1. THE SEASONS INCLUDE BOTH GOOD AND BAD TIMES.

"When things are going well for you, be glad, and when trouble comes, just remember: God sends both happiness and trouble; you never know what is going to happen next." (Ecclesiastes 7:14, TEV)

There is a time to...

<i>be born / die</i>	<i>plant / uproot</i>	<i>heal / kill</i>	<i>build / tear down</i>
<i>laugh / cry</i>	<i>dance / grieve</i>	<i>gather / scatter</i>	<i>hug / not hug</i>
<i>find / lose</i>	<i>keep / throw away</i>	<i>repair / tear</i>	<i>speak up / be quiet</i>
	<i>love / hate</i>	<i>peace / war</i>	

2. THEY ARE BEYOND MY CONTROL.

"[God] controls the times and the seasons..." (Daniel 2:21, TEV)

3. THEY CAN BE CONFUSING.

"God...does everything just right and on time, but people can never completely understand what he is doing." (Ecclesiastes 3:11, NCV)

4. GOD HAS A PURPOSE FOR EVERY SEASON.

"For everything there is a season, and a time for every purpose under heaven:" (Ecclesiastes 3:1, ASV)

“And we know that in all things God works for the good of those who love him, who have been called according to his purpose.” (Romans 8:28, NIV)

HOW TO MAKE THE MOST OF EACH SEASON

4 Questions to Ask

1. WHAT IS MOST IMPORTANT IN THIS SEASON OF LIFE?

“Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God’s will for you who belong to Christ Jesus.” (1 Thessalonians 5:16–18, NLT)

“Be very careful how you live...Make the most of every opportunity.” (Ephesians 5:15–16a, NIRV)

ACTION STEP: CLASS 301

2. WHAT CAN I LEARN IN THIS SEASON OF LIFE?

“Remember today what you have learned about the LORD through your experiences with him...” (Deuteronomy 11:2, TEV)

“We think you ought to know, dear brothers and sisters, about the trouble we went through in the province of Asia. We were crushed and overwhelmed beyond our ability to endure, and we thought we would never live through it. In fact, we expected to die. But as a result, we stopped relying on ourselves and learned to rely only on God, who raises the dead.” (2 Corinthians 1:8–9, NLT)

ACTION STEP:

Check out the Fall Care Groups & Next Level Life Workshops!

3. WHO SHOULD I BE CONNECTING WITH IN THIS SEASON?

“Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble.” (Ecclesiastes 4:9–10, NLT)

ACTION STEP: HOST a Small Group

4. HOW CAN I HELP OTHERS IN THIS SEASON?

“Whenever you are able, do good to people who need help.” (Proverbs 3:27, NCV)

“...at all times make it your aim to do good to one another and to all people.” (1 Thessalonians 5:15, TEV)

ACTION STEP
PEACE IN SCHOOLS