

# HOW TO KEEP YOUR HEART HAPPY

Reignite: NIGHT OF WORSHIP

November 3, 2021 | Pastor Brian

Philippians 2:12-18

*“Be happy with the LORD, and he will give you the desires of your heart.” (Psalm 37:4, GW)*

## 4 WORKOUTS FOR A HAPPY HEART

### 1. REALIZE THAT GOD IS WORKING IN ME.

*“Therefore, my dear friends, as you have always obeyed—not only in my presence, but now much more in my absence—continue to work out your salvation with fear and trembling, [Not in your own strength] for it is God Who is [energizing and creating in you the power and desire], to work for His good pleasure.” (Philippians 2:12, NIV/ANT)*

*“Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me.” (Psalm 23:4, NLT)*

### 2. CHANGE MY ATTITUDE.

*“Do everything without complaining and arguing,” (Philippians 2:14, NLT)*

#### FOUR KINDS OF COMPLAINERS

- Whiners
- Martyrs
- Cynics
- Perfectionists

*“Be thankful in all circumstances, for this is God’s will for you who belong to Christ Jesus.” (1 Thessalonians 5:18, NLT)*

### 3. ALIGN MY DAILY PRACTICES TO GOD’S DIVINE PRINCIPLES.

*“...You are to live clean, innocent lives as children of God in a dark world full of people who are crooked and stubborn. Shine out among them like beacon lights, holding firmly to the word of life...” (Philippians 2:15-16, The Living Bible/NLT)*

*“Happy are those who follow his commands, who obey him with all their heart.” (Psalm 119:2, GNB)*

### 4. SOFTEN MY HEART THROUGH SACRIFICE.

*“Your faith makes you offer your lives as a sacrifice in serving God...” (Philippians 2:17–18, NCV)*

*“I know that you test everyone’s heart and are pleased with people of integrity. In honesty and sincerity I have willingly given all this to you, and I have seen how your people who are gathered here have been happy to bring offerings to you.” (1 Chronicles 29:17, GNB)*

### **FINISH THE TASK OFFERING**

*“You will sing a song like the song you sing on a festival night. Your hearts will be happy...”  
(Isaiah 30:29, GW)*