

DEALING WITH MY DECEPTION

My Big Fat Mouth: Part 2

May 1, 2022

Pastor Brian

*“You must not lie.”
(Exodus 20:16, The Living Bible)*

*“The LORD detests lying lips, but he delights in those who tell the truth.”
(Proverbs 12:22, NLT)*

HOW & WHY WE LIE

1. The **CRUEL** lie meant to harm.
2. The **COWARDLY** lie meant to escape consequences.
3. The **CONCEITED** lie meant to impress people.
4. The **CALCULATED** lie meant to manipulate.
5. The **CONVENIENT** lie meant to save time and trouble.

WHAT LYING DOES

1. IT **DIMINISHES** YOUR SUCCESS IN LIFE.

“Do you want a long, good life? Then watch your tongue! Keep your lips from lying.” (Psalm 34:12–13, The Living Bible)

“If you are good, you are guided by honesty. People who can’t be trusted are destroyed by their own dishonesty.” (Proverbs 11:3, GNB)

2. IT **DESTROYS** YOUR REALTIONSHPIS.

Causes you to also be mistrusting.

“Telling lies...is as harmful as hitting them with an ax, wounding them with a sword, or shooting them with a sharp arrow.” (Proverbs 25:18, NLT)

3. IT **DAMAGES** YOUR SPIRITUAL GROWTH.

“...Who may stand before the Lord? Only those with pure hands and hearts, who do not practice dishonesty and lying.” (Psalm 24:3–4, The Living Bible)

HOW GOD WANTS US TO TELL THE TRUTH

1. TELL THE TRUTH **COMPLETELY**.

“Someone who holds back the truth causes trouble...” (Proverbs 10:10, GNB)

2. TELL THE TRUTH CONSISTENTLY.

“Let our lives lovingly express truth in all things, speaking truly, dealing truly, living truly...” (Ephesians 4:15, AMP)

3. TELL THE TRUTH CARINGLY.

“Love should always make us tell the truth.” (Ephesians 4:15a, CEV)

4. TELL THE TRUTH CAREFULLY.

“Thoughtless words can wound as deeply as any sword, but wisely spoken words can heal.” (Proverbs 12:18, GNB)

HOW TO BREAK THE HABIT OF LYING

1. CHECK YOUR HEART.

“...How can you say good things when you are evil? For the mouth speaks what the heart is full of.” (Matthew 12:34, GNB)

“If someone claims, “I know God,” but doesn’t obey God’s commandments, that person is a liar and is not living in the truth.” (1 John 2:4, NLT)

“Since you have heard about Jesus and have learned the truth that comes from him...let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy. So stop telling lies. Let us tell our neighbors the truth...” (Ephesians 4:21–25, NLT)

2. BE HONEST ABOUT LYING.

“God is faithful and reliable. If we confess our sins, he forgives them and cleanses us from everything we’ve done wrong.” (1 John 1:9, GW)

3. CORRECT EVERY OCCURRENCE.

“When you become aware of your guilt in any of these ways, you must confess your sin.” (Leviticus 5:5, NLT)

ACTION STEPS

1st Base / 2nd Base

Achieve a truth-telling goal this week!