

BECOMING A POWER PLAYER

Won't You Be My Neighbor: Part 8

August 16, 2020

Pastor Brian

*“But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, **GENTLENESS...**” (Galatians 5:22–23, NLT)*

*“Take my yoke upon you. Let me teach you, because I am humble and **GENTLE** at heart, and you will find rest for your souls.” (Matthew 11:29, NLT)*

HOW TO BECOME A PERSON UNDER POWER

*“Now may the God of peace make you holy in every way, and may your whole spirit and soul and body be kept blameless until our Lord Jesus Christ comes again.”
(1 Thessalonians 5:23, NLT)*

1. I NEED TO MAKE THE RIGHT CHOICES TO SEE THE RIGHT CHANGES.

*“Today I have given you the choice between life and death, between blessings and curses...Oh, that you would choose life...You can make this choice by loving the LORD your God, obeying him, and committing yourself firmly to him. This is the key to your life...”
(Deuteronomy 30:19–20, NLT)*

2. I NEED TO GUARD MY HEART BY MANAGING MY MIND.

“Temptation comes from our own desires, which entice us and drag us away. These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death.” (James 1:14–15, NLT)

“We take captive every thought to make it obedient to Christ.” (2 Corinthians 10:5b, NIV)

*“Finally, my friends, keep your minds on whatever is true, pure, right, holy, friendly, and proper. Don't ever stop thinking about what is truly worthwhile and worthy of praise.”
(Philippians 4:8, CEV)*

3. I NEED TO BE DISCIPLINED TO BE A DISCIPLE.

“...You are not your own; you were bought at a price. Therefore honor God with your bodies.” (1 Corinthians 6:19–20, NIV)

“Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak.” (Mark 14:38, NLT)

“I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified.” (1 Corinthians 9:27, NLT)

3 HEALTHY HABITS

- EAT right.
- SLEEP well.
- EXERCISE regularly

ACTION STEPS

1st Base / 2nd Base / Daniel Plan

*“God will make this happen, for he who calls you is faithful.”
(1 Thessalonians 5:24, NLT)*

NEXT WEEK: THE MOST IMPORTANT DISCIPLINE FOR GREAT NEIGHBORING!