

THREE POWERFUL HAPPY-BOOSTING PRACTICES!

The Habits of Happiness: Part 6

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*“May God bless you all. Yes, I pray that God our Father and the Lord Jesus Christ will give each of you his fullest blessings and his peace in your hearts and your lives.”
(Philippians 1:2, The Living Bible)*

God promises extra happiness to those who...

1. GIVE GENEROUSLY.

“And I have been a constant example of how you can help those in need...remember the words of the Lord Jesus: ‘It is more blessed to give than to receive.’” (Acts 20:35, NLT)

“...I do want you to experience the blessing that issues from generosity.” (Philippians 4:17, The Message)

“...being kind to the needy brings happiness.” (Proverbs 14:21, NCV)

God’s promises about giving to the poor:

- The Lord will REPAY me.
“If you help the poor, you are lending to the LORD—and he will repay you!” (Proverbs 19:17, NLT)
- The Lord will REWARD me.
“Give, and you will receive. Your gift will return to you in full—pressed down, shaken together to make room for more, running over, and poured into your lap. The amount you give will determine the amount you get back.” (Luke 6:38, NLT)
- The Lord will RESCUE me.
“Oh, the joys of those who are kind to the poor! The LORD rescues them when they are in trouble.” (Psalm 41:1, NLT)

Action: Hope for the Holidays!

2. SERVE HUMBLY.

“...serve each other with humble spirits, for God gives special blessings to those who are humble, but sets himself against those who are proud.” (1 Peter 5:5, The Living Bible)

Humble servants serve:

- **WILLINGLY**
“Do your work willingly, as though you were serving the Lord himself...” (Colossians 3:23, CEV)
- **FLEXIBLY**
“...I prefer a flexible heart to an inflexible ritual” (Matthew 12:7, The Message)
- **GRATEFULLY**
“And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.” (Colossians 3:17, NIV)

Action: Santa's Wonderland!

3. **INVITE** REGULARLY.

“I do everything to spread the Good News and share in its blessings.” (1 Corinthians 9:23, NLT)

“But the angel said to them, “Do not be afraid. I bring you good news that will cause great joy for all the people.” (Luke 2:10, NIV)

“...The most important thing is that I complete my mission, the work that the Lord Jesus gave me—to tell people the Good News about God's grace.” (Acts 20:24, NCV)

Action: Christmas Candlelight Services!

