

Psalm 90 – A Psalm of Prophecy by Moses

Introduction

#1 – vv.1-2: God's creation & His plan for Israel.

A hint to Bible prophecy re: "generation(s)"?

Timing for all of mankind on the earth

#2 – vv.3-6: God's plan for all mankind & the length of his rule.

A hint to Bible prophecy re: "man's time to rule"?

The Time & timing of the Great Tribulation [aka "The Time of Jacob's Trouble"]

#3.1 – v.7: Israel's history of God's judgment for disobedience.

#3.2 – vv.8-9: Israel in 1st half of Great Tribulation.

#3.3 – v.10a: Timing of it all for Israel.

#3.4 – v.10b: Israel flees the wrath of the Anti-Christ (Matt 24:15-26 & Rev 12).

#3.5 – v.11: Israel in 2nd half of Great Tribulation.

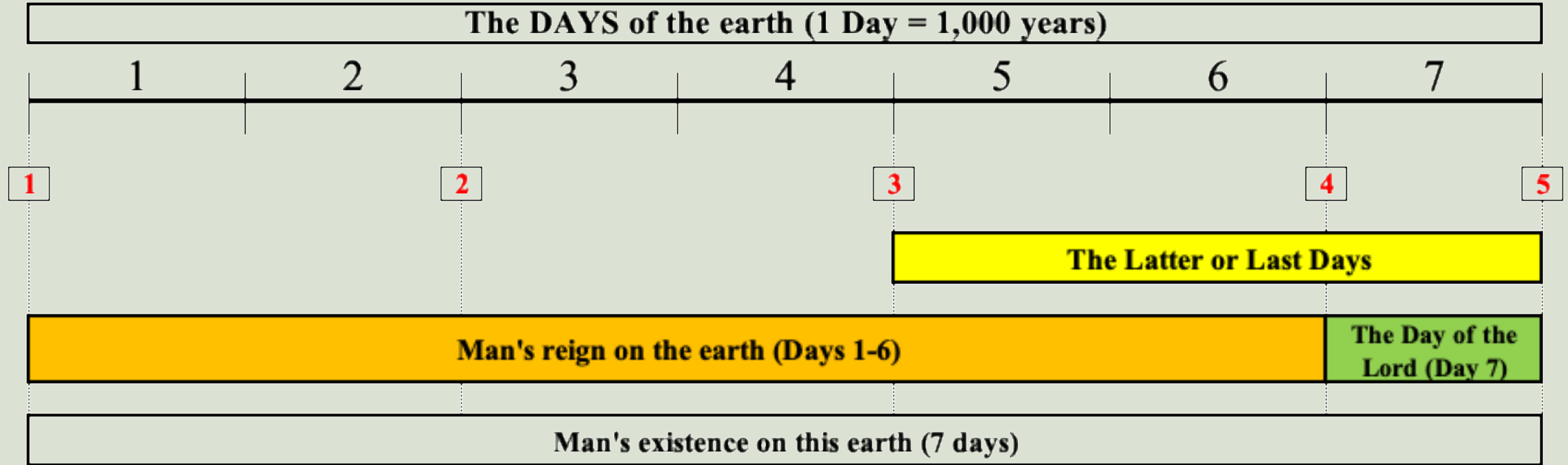
#3.6 – v.12: God's urging to number our days by this psalm.

Jesus' Return & Millennial reign

#4.1 – v.13: Jesus' 2nd Coming.

#4.2 – vv.14-17: Jesus' 1,000-year reign on the earth.

Man's Time on Earth [Millenial Day Theory]



Key Dates above (all dates are approximate):

1. Approximately 4000 BC - Adam was created by God (by my estimate between 4005 & 4010BC).
2. 2000BC - Abraham (the father of faith was born).
3. 0 - Jesus' FIRST appearing (the author and finisher of our faith was born - actually 3BC).
4. 2000AD - Jesus' SECOND appearing (the author and finisher of our faith was born).
5. 3000AD - Jesus will judge all and destroy the current earth & heaven and create all new.

Noteworthy scripture:

Psalm 90:4, 2 Peter 3:8 - Interesting choice of words for the Lord.
Hosea 6:1-2 - Prophecies regarding Israel.

Genesis 5 Lineage of Adam to Noah (with ages at the birth of their sons)

Names & Ages of men at birth of child

- #1 – 5:3 – Adam was 130 years old.
- #2 – 5:6 – Seth was 105 years old.
- #3 – 5:9 – Enosh was 90 years old.
- #4 – 5:12 – Cainan was 70 years old.
- #5 – 5:15 – Mahalalel was 65 years old.
- #6 – 5:18 – Jared was 162 years old.
- #7 – 5:21 – Enoch was 65 years old.
- #8 – 5:25 – Methuselah was 187 years old.
- #9 – 5:28 – Lamech was 182 years old.
- #10 – 7:6 – Noah entered the ark when he was 600 years old.

Adjustments to Ussher's timeline:

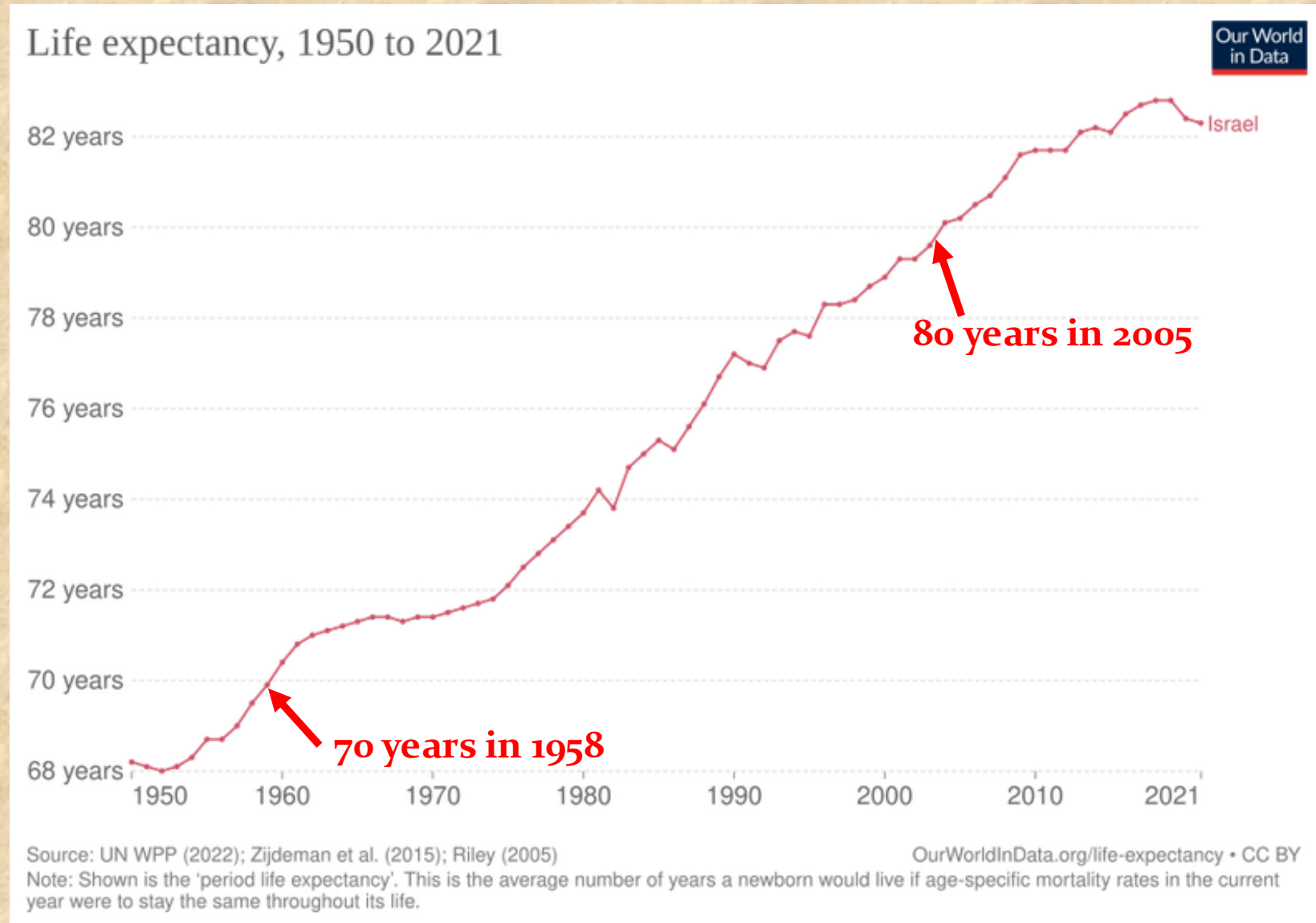
Adjustment #1 – Time to the flood: The above ages add up to 1,656 years.

But for some reason Ussher added up to 1,655...so add 1 year to make it 4005BC.

Adjustment #2 – But if each averaged ½ a year passed their birthdays: It was somewhere between 4005BC and 4010BC, giving a 5-year window for the added time.

That gets us to an adjusted date of between 4005 & 4010BC (likely closer to 4010BC).

Israel Life Expectancy



Notes:

- #1** – In 1958, their life expectancy rose above 70.
- #2** – In 2005, their life expectancy rose above 80.
- #3** – And as of 2026, Israel's life expectancy is 82.9.