

The background of the image is a close-up of a textured surface, possibly sand or a coarse fabric, split vertically. The left half is a warm, golden-brown color, and the right half is a dark, deep blue. The texture is grainy and uneven. Overlaid on this background is the text 'UPSIDE DOWN' in a large, bold, sans-serif font. The word 'UPSIDE' is in dark brown, and 'DOWN' is in white. Below this, the subtitle 'THE SERMON ON THE MOUNT' is written in a smaller, all-caps, sans-serif font. The subtitle is also in white. On the far left, above the 'U' in 'UPSIDE', is a small dark brown upward-pointing triangle. On the far right, below the 'N' in 'DOWN', is a small white downward-pointing triangle.

# UPSIDE DOWN

THE SERMON ON THE MOUNT

# “Fear Not”?

*Matthew 6:25-34*







*“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them.*



*Are you not much more valuable than they?*

*Can any one of you by worrying add a single hour to your life? And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these.*



*If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'*





*For the pagans run after all these things,  
and your heavenly Father knows that you  
need them. But seek first his kingdom and  
his righteousness, and all these things  
will be given to you as well. Therefore do not  
worry about tomorrow, for tomorrow will  
worry about itself. Each day has enough  
trouble of its own.”*

*Matthew 6:25-34*



Jesus saw that we are living in a  
God-drenched world.





*When the servant of the man of God got up and went out early the next morning, an army with horses and chariots had surrounded the city. “Oh no, my lord! What shall we do?” the servant asked. “Don’t be afraid,” the prophet answered. “Those who are with us are more than those who are with them.”*



*And Elisha prayed, “Open his eyes, Lord, so that he may see.” Then the Lord opened the servant’s eyes, and he looked and saw the hills full of horses and chariots of fire all around Elisha.*

2 Kings 6:15-17



1. Worry shrinks our view of life and of God's world.





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*Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?*



1. Worry shrinks our view of life and of God's world.
2. The tender love and personal care of our Heavenly Father.



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3. Worry doesn't work.



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3. Worry doesn't work.
4. Our Father's Kingdom is worth seeking and pursuing above all else.





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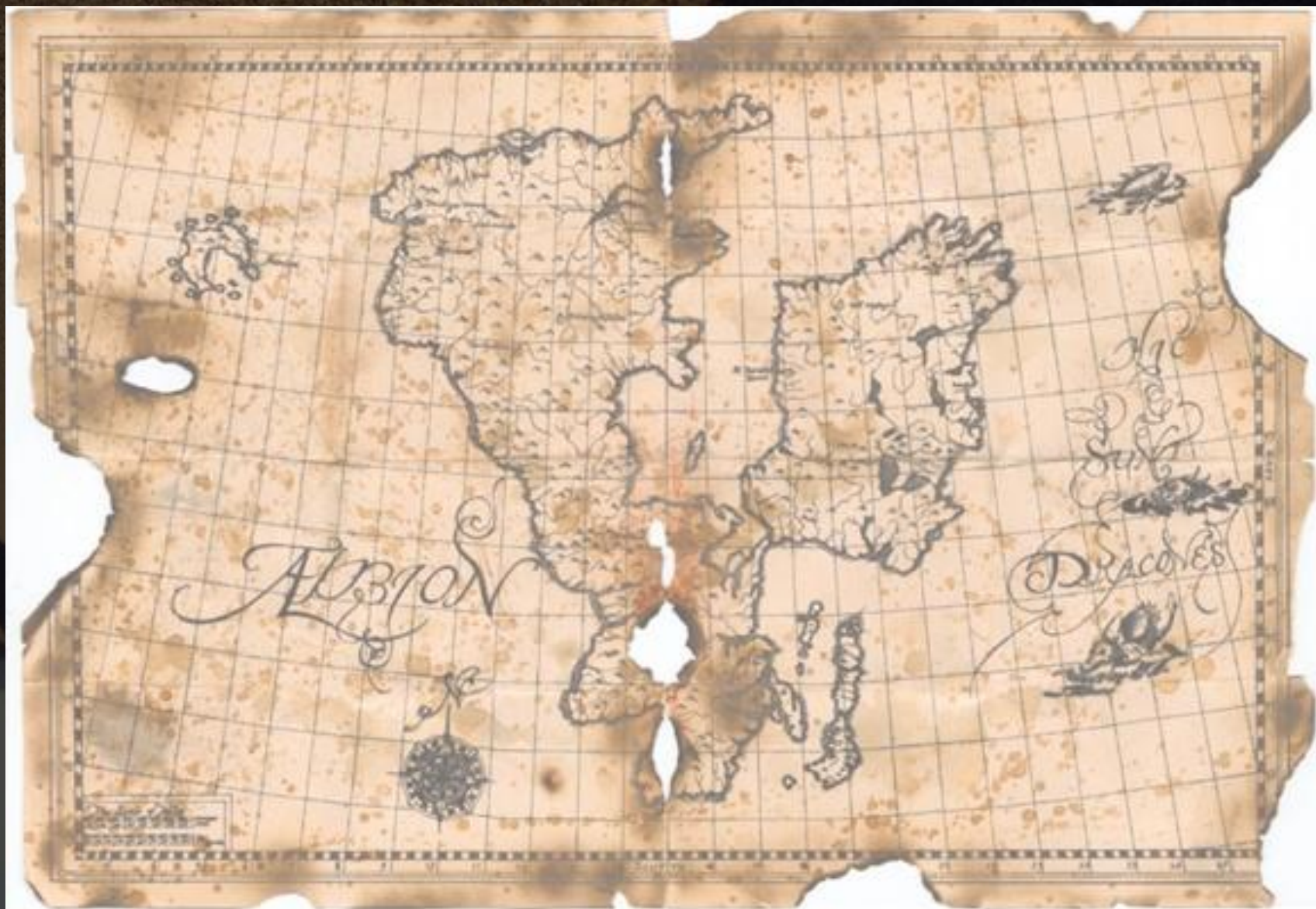
1. Worry shrinks our view of life and of God's world.
2. The tender love and personal care of our Heavenly Father.
3. Worry doesn't work.
4. Our Father's Kingdom is worth seeking and pursuing above all else.
5. We can rest in the care of our all-knowing Father.



*...all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.*







*Let nothing disturb you,  
Let nothing frighten you,  
All things are passing away;  
God never changes,  
Patience obtains all things  
Whoever has God lacks nothing;  
God alone suffices.*







The background is a split composition. The left side shows a close-up of golden-brown sand with a fine, granular texture. The right side is a solid, dark navy blue. A diagonal line separates the two textures. The title 'UPSIDE DOWN' is centered across this line. 'UPSIDE' is in a dark brown, bold, sans-serif font. 'DOWN' is in a white, bold, sans-serif font. Above the 'U' is a dark brown upward-pointing triangle, and below the 'N' is a white downward-pointing triangle. Below the title, the subtitle 'THE SERMON ON THE MOUNT' is written in a smaller, dark brown, sans-serif font.

# UPSIDE DOWN

THE SERMON ON THE MOUNT