

Unexpected Strength: Blessed are the Meek
A Good and Beautiful Life
Luke 22:24-27 & Matthew 20:26-28

1. Meekness _____ and _____.
(The way our world)
2. Meekness _____. (Our flawed understanding of the way of Jesus)
3. Meekness _____. (The life of Jesus)
4. Meekness _____. (A pathway forward)

Discussion Questions for 4-17-16

- When you hear a person described as “meek,” what kind of person would you expect them to be? How would you feel about being described as a meek person?
- We generally think of meekness as similar to passive, timid, or weak. In Scripture, both Moses and Jesus are described as meek. Think of what you know of those 2 people- in what ways are they NOT timid, passive, or weak?
- Read through Psalm 37:1-24. Read it through a second time and note each time you see the wicked described: what are they like and what is their ultimate outcome? Read another time and notice those who God favors: What are they like and what is their ultimate outcome?
- If meekness has more to do without heart’s confidence in God, what are you doing these days to cultivate a heart posture of greater trust in God? In what ways is your life saying, “I need to take care of myself, fix things or defend myself”?
- What is an area of your life that God is inviting you to surrender to Him more fully? Think specifically about ways you tend to try to either prove that you’re right or promote yourself (get noticed)?

5 Day Meekness Experiment:

What if you...

- Didn’t have to win an argument (or be right) with someone this week, even when you know you’re right?
- Simply listened to someone else’s story or experience and didn’t “top” it or add your own?
- Gave up something (a parking space, a spot in line, a chance to be recognized at work) that you were entitled to... it was yours?
- Made sure others noticed someone else’s accomplishment or performance- at work, home, or elsewhere?
- Looked for a way to serve someone who couldn’t repay you in a way that is really “beneath” you?