

# HOUSE TO H<sup>^</sup>OUSE

This is a resource for you to take the word God gives us in His house to your house!

A **HELPFUL TIP**: RE-watch the sermon online (*available @ facebook.com/journeychurch.family*) by yourself or with others.

## **CHASING CARROTS: Approval**

*Sunday, October 20, 2019*

*What really makes for a happy life? A dream job, house, or a new relationship? If you're always hungry for the next big thing, but frustrated because it never seems to satisfy, you might be Chasing Carrots. It's time to hop off the wheel and chase after something real. This series is about the things people commonly chase after that only bring fleeting happiness, fulfillment, or validation—things like fame, achievements, approval, fame, or comfort.*

“The disease to please is actually a form of addiction.” - Dr. Harriet Braiker

### HOW DO I KNOW IF THE ‘DISEASE TO PLEASE’ IS A BATTLE IN MY LIFE?

1. I obsess about what **OTHER** people think.
2. I am too **SENSITIVE** to criticism.
3. I have a **HARD** time saying, ‘No.’

### **PROVERBS 29:25 NIV**

**“Fear of man will prove to be a snare,  
but whoever trusts in the Lord will be kept safe.”**

**BIBLICAL THOUGHT** → The hebrew word for ‘snare’ in the scripture above literally translates (animal hook) which was generally used in the nose of an animal to control their movement. **THAT IS WHAT A DISEASE TO PLEASE WILL DO TO YOUR LIFE, IT WILL CONTROL YOUR LIFE’S DIRECTION.**

**BUT THERE’S GOOD NEWS!** ‘...whoever trusts in the Lord will be kept safe.’ **MEANING** there is safety and **FREEDOM** found in investing your care into the thoughts of God for your life.

**POWER THOUGHT** → Obsessing over what other people think about you is the **FASTEST** way to **FORGET** what God thinks about you!

### **GALATIANS 1:10 NLT**

**Obviously, I am not trying to win the approval of people, but God. If pleasing people were my goal, I would not be Christ’s servant.”**

