

“God Is My Helper” • Exodus 17b–18
Mt. Lassen Community Church • August 30, 2026

In our passage, we’ll see 10 references to “HELP”

Exodus 8:8–13 _____

#1 • Moses can’t be in two places at once

#2 • Moses needs prayer support

Vs 14–16 _____

#3 • God fights the battles

Moses names the altar, “God is our Banner” (Yahweh Nissi)

#4 • When in trouble, look to Jesus, our Banner

Israel is told to remain forever vigilant towards the Amalekites and never
let up against them. _____

Amalek is a picture of _____

(Romans 13:14 & 1 Peter 2:11)

Exodus 18:1–7 _____

#5 • We need reminders to look to God for help

Vs 8–11 _____

#6 • Celebrate God’s help

Vs 12–18 _____

#7 • Don’t burn out: get help!

Vs 19 _____

#8 • We need the help of good counsel
(Proverbs 12:15, 19:20, 11:14)

Vs 19–23 _____

#9 • Moses learns to delegate to qualified helpers

Vs 24–27 _____

#10 • Moses is better when he accepts help

Closing: We are members of The Body. We must work together and
HELP each other.