



## REDEEMED

### Psalm 130

- [1] Out of the depths I cry to you, O LORD!  
 [2] O Lord, hear my voice! Let your ears be attentive to the voice of my pleas for mercy!  
 [3] If you, O LORD, should mark iniquities, O Lord, who could stand?  
 [4] But with you there is forgiveness, that you may be feared.  
 [5] I wait for the LORD, my soul waits, and in his word I hope;  
 [6] my soul waits for the Lord more than watchmen for the morning,  
 more than watchmen for the morning.  
 [7] O Israel, hope in the LORD! For with the LORD there is steadfast love,  
 and with him is plentiful redemption.  
 [8] And he will redeem Israel from all his iniquities.

What's the big deal about sin?

Penitential Psalms- 6; 25; 32; 28; 51; 130; & 143

A pattern for redemption:

- o When you feel \_\_\_\_\_, cry out to God (Psalm 130:1-2).
- o When you sin, \_\_\_\_\_ it to God (Psalm 130:3-4- Sometimes despair comes from our own sin, I John 1:9, Psalm 32; 51; 66:18).
- o Redemption renews our trust in and \_\_\_\_\_ for God (Psalm 130:5-6, Psalm 63, Romans 8:23, 1 Corinthians 1:30).
  - "It is the Lord Himself, not simple escape from punishment that the writer longs for." - Derek Kidner.
  - Are you uneasy, restless?

- o Redemption comes from God's \_\_\_\_\_ love and restores hope for life (Psalm 130:7-8, Daniel 9:9, Nehemiah 9:17, Psalm 86:5, 103:3).

"Many are the sorrows of the wicked, but steadfast love surrounds the one who trusts in the LORD.

Be glad in the LORD, and rejoice, O righteous, and shout for joy, all you upright in heart!" Psalm 32:10-11

The Ascent- a climb out of despair:

4. Assurance (vs. 7-8).
- ↗
3. Hope (vs. 5-6)
- ↗
2. Confession (vs. 3-4)
- ↗
1. Misery (vs. 1-2)

"In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace." - Ephesians 1:7

## DIGGING DEEPER

Questions and reflections for your own personal or group study.

1. Read over Psalm 130 again and discuss the following questions:
2. What is your normal first response when you feel down or depressed? How could this Psalm help you refocus when those feelings come your way?
3. How would you answer the rhetorical question in verse 3?
4. What does waiting have to do with redemption or forgiveness in this Psalm? In your life?
5. What is hope? How is it described in Psalm 130?
6. What are some of the characteristics of God's nature seen in this Psalm?
7. Is repentance a normal part of your life? Why or why not?
8. Spend some time thanking God for his mercy and love for you today.