

Sunday, August 3rd "Distraction Disconnection" (Luke 10:38-42)

Contribute to the discussion if you feel led to share! Use of Scripture is encouraged!

DISCUSSION QUESTIONS

- -1) How can we identify and overcome the 'good' distractions in our lives that may be keeping us from the 'best' God has for us?
- -2) How can we balance the need for both 'word' (spiritual growth) and 'work' (service) in our Christian lives?
- -3) How might comparing ourselves to others, as Martha did with Mary, hinder our spiritual growth and relationship with God?
- -4) How can we cultivate a spirit of devotion like Mary's, even in the midst of busy, task-oriented lives?

Take Home/Challenge Questions:

- 1) Identify one area of your life where you might be choosing "good" over "best." Brainstorm ways to realign your priorities.
- **2)** Practice the "awareness of distraction" this week. Keep a small journal noting times when you feel pulled away from what's truly important.