

# **Healthy Living & Healthy Giving — PART 1: Older Men**

## **Titus 2:1-8**

January 30-31, 2021 – Daniel Fender

Titus Review:

### **Personal Responsibility & A Ministry Paradigm**

- Individual Responsibility & Communal Responsibility
- A Ministry Paradigm

### **3 Areas of Healthy Living**

1. The Way He Thinks: *“Sober-Minded”*
2. The Way He Acts: *“Dignified”*
3. The Way He Controls Himself: *“Self-Controlled”*

### **3 Sources for Healthy Living**

4. A Healthy Faith - *“Sound in Faith”*
5. A Healthy Love - *“Sound in Love”*
6. A Healthy Hope - *“Sound in Steadfastness”*

### **How To Give What You Live**

- Freedom & Form
- Live to Give & Give to Live
- Dudes Do Not Mature Without Other Healthy Dudes
- Gospel Fruit From The Gospel's Root

## **Community Group Discussion Questions:**

1. How has the Spirit spoken to you through this section of God's word?
2. Paul includes everyone in Titus 2:1-8, whether old or young, male or female. Why do you think it is so important for every individual to be included in this section of Titus?
3. Can you share a good example of an older man that exemplifies or exemplified the characteristics of Titus 2:2? How did he impact your life?
4. In Titus 2:2 Paul describes a mature and healthy older man as someone who has a healthy faith, a healthy love and a healthy hope. Describe what a healthy and unhealthy love might look like? A healthy or unhealthy faith? A healthy or unhealthy hope?
5. How can we as a church community help to see older men respected and valued? How can we encourage them in the important role they play in the church?
6. (A Question for Men): Are there any specific changes you want to make to your lifestyle so that you can become this kind of older man in the future? (As A Needed Bonus: How does the gospel guide and empower these changes?)