

WEEKLY FAMILY DISCUSSION PLAN

Christ In Me - Living From The Inside Out
Part 3 | Pastor T. Wayne Daniels | August 30, 2026

BIG IDEA

Freedom is not merely something Christ gives us; it is the life of Christ being lived through us. Because the old self was crucified with Christ, believers can live from a new identity, through the power of the Spirit, so that others see Christ through their lives.

MAIN SCRIPTURES

Galatians 2:20 - Christ lives in me | **Romans 6:6, 11** - the old self crucified; alive to God | **Colossians 1:27** - Christ in you, the hope of glory | **Romans 8:11** - resurrection Spirit dwelling in us | **Philippians 2:13** - God working in us | **Galatians 5:1** - stand firm in freedom

MONDAY - MY OLD LIFE WAS CRUCIFIED WITH CHRIST

Read: Romans 6:6, 11

Discuss: What does it mean to consider yourself dead to sin and alive to God? Are there old labels, habits, or ways of thinking that you keep bringing back into your new life in Christ?

Family action: Each person name one old identity or pattern that does not agree with who Christ says you are. Pray together and surrender it to God.

TUESDAY - CHRIST LIVES IN ME

Read: Galatians 2:20; Colossians 1:27; 1 Corinthians 3:16

Discuss: How would your choices change if you remained conscious throughout the day that Christ lives in you and that you are God's temple?

Family action: Before leaving home, say together: "Christ lives in me. His presence goes with me everywhere I go."

WEDNESDAY - HIS SPIRIT GIVES ME POWER

Read: Romans 8:11; Acts 1:8; 1 John 4:4

Discuss: Where are you tempted to rely only on your own strength? What does Scripture say is available to you through the Holy Spirit?

Family action: Pray specifically for the Holy Spirit to strengthen each family member in one area where they feel weak or challenged.

THURSDAY - CHRIST IN ME BECOMES CHRIST THROUGH ME

Read: Philippians 2:13; Matthew 5:16; Philippians 1:21

Discuss: What should people see in our attitudes, words, relationships, and actions if Christ is truly working within us?

Family action: Choose one practical act of kindness, generosity, encouragement, or service that allows someone to experience Christ through your family.

FRIDAY - LIVE FROM FREEDOM

Read: John 8:36; Galatians 5:1

Discuss: What is the difference between fighting *for* freedom and learning to live *from* the freedom Jesus has already purchased?

Family action: Celebrate one way God has brought freedom or transformation into your family. Thank Jesus together for what He has done.

WEEKEND FAMILY CHALLENGE

Look for one moment this weekend when you would normally react from frustration, fear, selfishness, or an old pattern. Stop and ask: **"What would it look like for Christ to live through me right now?"** Then respond from your new identity.

FAMILY PRAYER

"Jesus, thank You that our old lives were crucified with You and that we have been made alive to God. Teach us to live conscious of Your presence within us. Holy Spirit, strengthen us beyond our own ability. Let our words, choices, attitudes, and actions reveal Jesus to the people around us. Help us stand firm in the freedom Christ has already purchased. Amen."