

# Mountain Life Groups Discussion Questions for Message from 2/1/26

## Get-to-Know-You

Choose one to start the group and get people talking:

1. **Have everyone state their name, where they live, how long they've been at Mountain Life, and one funny thing about themselves.**
2. **What's something you've worked really hard at that didn't seem to pay off right away?**  
(Can be funny, work-related, parenting, fitness, school, etc.)

## Scripture Focus

**Ruth 2:4–23 (read the text, or have someone in the group read it, to give everyone context for the discussion)**

## Discussion Questions

### **1. Seeing Ruth**

**Ruth is faithful, but unseen at the beginning of the story.**

- What stood out to you about Ruth's situation or posture in the field?
- What do you think would have been hardest about that season for her?

### **2. Identifying With the Unseen**

**The message talked about being faithful without seeing results.**

- Where do you currently feel unseen, overlooked, or stuck between obedience and outcome?
- What emotions does that season stir up in you (discouragement, doubt, bitterness, exhaustion, etc.)?

### **3. God at Work Before We See It**

**Ruth doesn't recognize God's hand until later.**

- Why do you think it's so hard to trust that God is working when we can't see it?
- Looking back on your life, can you think of a time when you later realized God was at work even though you didn't see it at the time?

### **4. Kindness as God's Instrument**

**God's care shows up through Boaz's obedience and generosity.**

- Why do you think God often chooses to work through people?
- How might God be inviting you to be a "Boaz" in someone else's life right now?

### **5. From Survival to Redemption**

**The story shifts from survival to hope when Naomi realizes Boaz is a redeemer.**

- What changed in Naomi when she realized God had not abandoned her?
- How does knowing Jesus is our Kinsman Redeemer change how we view seasons of waiting or loss?

### **6. Application: Staying in the Field**

**The takeaway was “Don’t leave the field.”**

- What does “staying in the field” look like for you right now?
- Is there anything you’re tempted to quit, pull back from, or harden your heart toward?



## **Closing the Group**

**1. Quiet reflection (1–2 minutes):**

Ask everyone to silently reflect on this question:

*Where do I need to trust that God sees me right now?*

**2. Group prayer:**

Invite people (optionally) to pray short prayers, thanking God that He sees and asking for faith to stay faithful in the unseen.