

Mountain Life Groups Discussion Questions for Message from 2/1/26

Get-to-Know-You

Choose one to start the group and get people talking:

1. **Have everyone state their name, where they live, how long they've been at Mountain Life, and one funny thing about themselves.**
2. **What's something you've worked really hard at that didn't seem to pay off right away?**
(Can be funny, work-related, parenting, fitness, school, etc.)

Scripture Focus

Ruth 2:4–23 (read the text, or have someone in the group read it, to give everyone context for the discussion)

Discussion Questions

1. Seeing Ruth

Ruth is faithful, but unseen at the beginning of the story.

- What stood out to you about Ruth's situation or posture in the field?
- What do you think would have been hardest about that season for her?

2. Identifying With the Unseen

The message talked about being faithful without seeing results.

- Where do you currently feel unseen, overlooked, or stuck between obedience and outcome?
- What emotions does that season stir up in you (discouragement, doubt, bitterness, exhaustion, etc.)?

3. God at Work Before We See It

Ruth doesn't recognize God's hand until later.

- Why do you think it's so hard to trust that God is working when we can't see it?
- Looking back on your life, can you think of a time when you later realized God was at work even though you didn't see it at the time?

4. Kindness as God's Instrument

God's care shows up through Boaz's obedience and generosity.

- Why do you think God often chooses to work through people?
- How might God be inviting you to be a "Boaz" in someone else's life right now?

5. From Survival to Redemption

The story shifts from survival to hope when Naomi realizes Boaz is a redeemer.

- What changed in Naomi when she realized God had not abandoned her?
- How does knowing Jesus is our Kinsman Redeemer change how we view seasons of waiting or loss?

6. Application: Staying in the Field

The takeaway was “Don’t leave the field.”

- What does “staying in the field” look like for you right now?
- Is there anything you’re tempted to quit, pull back from, or harden your heart toward?

Closing the Group

1. Quiet reflection (1–2 minutes):

Ask everyone to silently reflect on this question:

Where do I need to trust that God sees me right now?

2. Group prayer:

Invite people (optionally) to pray short prayers, thanking God that He sees and asking for faith to stay faithful in the unseen.