

Small Group Discussion Guide

◆ Icebreaker

- Did anyone watch or follow the recent moon mission? What stood out to you about it?
- What's something you've seen recently (in person or online) that just made you go, "That's crazy"?

◆ Recap

This week, we looked at the Ascension of Jesus and what it means for us today.

Key ideas:

Jesus spent 40 days after the resurrection proving He was alive and preparing His followers.

The Ascension wasn't Jesus disappearing—it was Him stepping into His reign.

Jesus **sat down** because the work of salvation is finished.

Jesus is now **seated at the right hand of the Father**, actively reigning and bringing all things under His authority.

We don't have to carry the weight—He already finished the work.

◆ Key Scriptures

Acts 1:3, 9–11

Hebrews 10:11–14

1 Corinthians 15:24–26

Ephesians 1:19–22

Philippians 2:9–11

◆ Discussion Questions

1. Understanding the Ascension

Before this message, what did you think about the Ascension?

What stood out to you most about what Jesus was doing during those 40 days?

2. Jesus Is Not Distant

Pastor Nate talked about how we often live like Jesus “disappeared.”

Where do you feel that tension in your own life?

What does it change for you to realize that Jesus is **actively reigning right now**?

3. “He Sat Down” (Finished Work)

Why do you think it’s so hard for us to believe that the work is truly finished?

In what ways do you find yourself still trying to “earn” what Jesus already accomplished?

4. The Backpack (Personal Application)

What are some “weights” you’ve been carrying lately? (sin, pressure, control, anxiety, etc.)

What would it actually look like for you to “put that down”?

5. Jesus Is Reigning

Pastor Nate said that Jesus is currently putting enemies under His feet.

How does that shape the way you view:

The world?

Your struggles?

Where do you need to trust His authority more right now?

◆ Application

Take a moment as a group (or individually):

Identify one “weight” you’ve been carrying.

Pray specifically about releasing that to Jesus.

Ask God to help you trust that:

The work is finished

He is in control

He is actively working in your life

◆ Closing Thought

“You are not following a risen Savior who disappeared...
you are following a King who is actively ruling and working right now.”