

Group Discussion Guide

Week of October 5, 2025

Matthew 5:3 – Joy on Empty

GETTING TO KNOW YOU

- What are some moments or seasons of your life when you have felt blessed?
- What was it about that experience that made you feel blessed?

QUICK REVIEW

Looking over your notes from this past teaching... was there anything you heard for the first time, caught your attention, challenged you, or confused you?

MAIN POINT

Jesus says the good life does not begin in our strength, but in our surrender.

DIGGING IN

READ – Matthew 5:3

“poor in spirit” = understanding, on our own, we are not enough

- Why are “self-help” strategies limited?
- What are some blessings of realizing, on our own, we are not enough?
- Share a time you thought you had everything under control, just to later realize, you did not have control.
- How did that experience make you feel? Why?
- Share a time you were thankful for your own weakness.

READ – Judges 7:2-7

- Why did God want to narrow Gideon's army?

“The world says, ‘You’ve got this!’ but Jesus says, ‘No, I’ve got you!’”

- How can the above understanding give us an ENDURING strength?

READ – 1 Corinthians 1:26-31

- How can our weakness give God glory?
- What can help us care more about God's glory than our own glory?

“The good life does not start when you finally get it together – it starts when you finally give up.”

- What does the above quote mean to you?

“Theirs IS the kingdom of heaven.”

- How can being **“poor in spirit”** help us to CURRENTLY experience the kingdom of heaven?

PRAISE REPORTS & PRAYER REQUESTS

Take some time each week to share prayer requests and praise reports.

Have someone in your group record these prayer requests and email them out to the whole group to be praying for each other throughout the week.

Close with a time of prayer.