

# Group Discussion Guide

Week of February 11, 2024

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## ***Ephesians 6:15-16 – Good News and Faith***

### GETTING TO KNOW YOU

- If you have **NEW PEOPLE** in your group...
  - take some time to share names and basic info...
    - Where did you grow up? What brought you to Vail Valley? Etc.
- If you have **RETURNING PEOPLE** in your group...
  - take some time to share what has happened in life since you last met.
    - What did you do for the holidays? Any life changes since we last met? How did you see God move in your life since we last met?

### QUICK REVIEW

Looking over your notes from this past teaching... was there anything you heard for the first time, caught your attention, challenged you, or confused you?

### MAIN POINT

***God has given us spiritual “armor” to handle spiritual battles we face in life, but we need to take it up, and put it on.***

### DIGGING INTO THE WORD

#### **Read – Ephesians 6:14-16**

- How does the GOSPEL (good news) of PEACE with God help us be prepared for the battles we face?
- How do you “TAKE UP” and “PUT ON”... the GOSPEL OF PEACE.
- How can being prepared with the GOSPEL OF PEACE help us, not just survive, but advance the kingdom of God?

- How would you describe the difference between BELIEF in God, and FAITH/TRUST in God?
- How do you “TAKE UP” and “PUT ON”... FAITH.
- What do you think Paul meant by the “fiery darts of the wicked one”?
- Can you share a time in your life when your FAITH or TRUST in God, helped you quench the fiery darts of the wicked one in your life?
- When faced with a battle in life, it can INCREASE or DECREASE our FAITH. What determines the difference?
- How has “LOCKING SHIELDS” (community with other believers) helped you face battles in your life?

## PRAISE REPORTS & PRAYER REQUESTS

Take some time each week to share prayer requests and praise reports.

Have someone in your group record these prayer requests and email them out to the whole group to be praying for each other throughout the week.

Close with a time of prayer.