

Mountain Life Group Discussion Questions

The Throne That Washes Feet

Scripture Reflection: John 13:1–17

1. What part of the foot-washing story stands out to you most right now, and why?
2. Imagine being in the room when Jesus knelt down. What emotions do you think you would have felt?
3. Why do you think Peter resisted Jesus washing his feet?

POINT 1

Servanthood Often Comes Before We Understand It

4. Have you ever been in a “busboy season” where you felt overlooked or stuck? Looking back, how did it shape you?
5. Why is it hard to serve when we don’t fully understand what God is doing?
6. Where in your life right now might God be using a towel before giving you an explanation?
7. How do we shift from focusing on position to focusing on preparation?

Reflection prompt:

If you wait to understand before you serve, what might you miss?

POINT 2

Servanthood Is Non-Negotiable

8. Jesus says, “If I do not wash you, you have no share with me.” What do you think He meant by that?
9. Why do you think serving is so central to following Jesus?
10. What are common excuses we make to avoid serving?
11. What is the difference between transactional serving and Kingdom serving?
12. How can servanthood become culture in a church or family rather than an occasional act?

Personal inventory:

Do you tend to serve only when it feels fair, appreciated, or noticed?

POINT 3

The Bath and the Towel

13. Jesus distinguishes between being bathed and having feet washed. What does that tell us about salvation versus daily humility?
14. How does serving others keep your heart soft toward others and God?
15. What “dirt” can build up in our hearts when we stop serving?

16. Why do you think serving can sometimes feel messy or uncomfortable?

Reflection prompt:

Where might pride, distraction, or offense be clinging to your feet?

Application Questions

17. Who in your life right now needs you to kneel instead of stand?

18. What is one practical way you can serve someone this week without recognition?

19. How would your workplace, home, or church change if everyone adopted a towel-first mindset?

20. What is one step you can take to make servanthood a non-negotiable part of your life?

Closing Challenge for the Group

- What would it look like for this small group to become known as people who “carry towels”?
- How can you hold each other accountable in living this out?

Close your group by asking:

“Jesus, where are You inviting me to kneel?”

Then sit in silence for a minute and let the Spirit speak.