

Group Discussion Guide

Week of September 28, 2025

Matthew 5:1-12 – The Good Life - Redefined

GETTING TO KNOW YOU

- Why do you think people want “the good life”?
- What are some ways our world tells us we can achieve “the good life”?

QUICK REVIEW

Looking over your notes from this past teaching... was there anything you heard for the first time, caught your attention, challenged you, or confused you?

MAIN POINT

This message unpacks how true joy begins not in having it all together, but in depending on the Lord.

DIGGING IN

READ – Matthew 5:1-10

- How does Jesus describe the good life differently than our world does?
- What are some things that get in the way of us FEELING blessed when we experience these things Jesus describes?
- Have you ever “paused” your walk with the Lord? Why? What happened? Did you feel more blessed, or less blessed during that time?
- What are some things that make you REJOICE?

READ – Matthew 5:11-12

- What does Jesus say should cause us to rejoice?
- What are some ways we can get to this type of joy?

- How is God able to use our difficulties to highlight our blessings?
- What is the difference between CHOOSING joy and just waiting for joy to happen?
- What are some things that make it difficult for you to CHOOSE joy?
- What do you think it means to rejoice IN THE LORD?

READ – Psalm 16:11

- How is the Lord better than the things we want from the Lord?

PRAISE REPORTS & PRAYER REQUESTS

Take some time each week to share prayer requests and praise reports.

Have someone in your group record these prayer requests and email them out to the whole group to be praying for each other throughout the week.

Close with a time of prayer.