

Group Discussion Guide

Week of April 7, 2024

Daniel 1:1-2 – Letting Go

GETTING TO KNOW YOU

- What are some of the thoughts and emotions you experience when you feel like you are in a situation that is out of your control?
- On a scale of 1-10, with 10 being high, where do you rank your natural desire to control things in your life?

QUICK REVIEW

Looking over your notes from this past teaching... was there anything you heard for the first time, caught your attention, challenged you, or confused you?

MAIN POINT

Peace comes when we surrender to God's control in our lives.

DIGGING IN

- Share a time in your life when God revealed to you that you are not in control like you thought you were.
- What are some ways we try to gain control in our lives?
- How would you explain this seemingly paradoxical statement:
 - ***“The more you seek control, the more you are controlled by the thing you are seeking to control.”***
- How does FEAR cause us to want to take control?
- How does FAITH help you release control to God?
- How can we be responsible people without trying to control everything?

Read - Philippians 4:6-7

- How does surrender to God create peace in our lives?
- Share a time in your life when you had no control, but you felt at peace.
- How can a driven, goal-oriented person live a life of surrender to God?

Read – Isaiah 26:3

- What is the difference between being “kept” in peace by God and trying to create our own sense of peace?
- What area of your life are you currently trying to control that you need to surrender to God's control?

PRAISE REPORTS & PRAYER REQUESTS

Take some time each week to share prayer requests and praise reports.

Have someone in your group record these prayer requests and email them out to the whole group to be praying for each other throughout the week.

Close with a time of prayer.