# **Group Discussion Guide**

Week of April 16, 2023

### Ephesians 4:1 – Walk It Out

# GETTING TO KNOW YOU

- Share something you attempted to do in your life that you knew would be challenging ahead of time, but you chose to try it anyway.
  - Why did you choose to do it even though you knew it would be challenging?
- What are some dangers of trying to live a life that is free of challenges?
- How can it be counterproductive to make choices solely based on what is the easiest thing to do?

### QUICK REVIEW

Looking over your notes from this past teaching... was there anything you heard for the first time, caught your attention, challenged you, or confused you?

### MAIN POINT

#### The Holy Spirit, and Jesus, in us, gives us the ability to walk worthy of our calling.

### DIGGING INTO THE WORD

- Do you find following Jesus to be something easy or challenging for you?
- What are some things you have found challenging about following God?
- When you are facing future challenges, what are some things you do to prepare yourself to meet those challenges?
- How can we prepare ourselves to "walk worthy of our calling"?

- How can these things that Paul shared in the first 3 chapters of Ephesians help us be successful in the challenge of walking worthy?
  - Ephesians 1:3-6
  - o Ephesians 2:10
  - o Ephesians 3:14-19

#### Read Galatians 2:20

• Share an example of when you have seen the "new you" in your life.

#### Read Colossians 1:27

• How does the understanding that Jesus is "in you", give you motivation to try and walk worthy?

### Read Romans 8:11

• How have you experienced the Holy Spirit empowering your life?

# BRINGING IT HOME

- What life challenge are you currently facing that you would rather avoid?
  - How can the Holy Spirit give you the power/ability to face that?
  - How can... walking by faith, rather than sight... help you face that?

# PRAISE REPORTS & PRAYER REQUESTS