

Group Discussion Guide

Week of February 26, 2023

Ephesians 3:14-19 – Take Hold of Your Spiritual Blessings in Christ

GETTING TO KNOW YOU

- Other than a spouse, who is a person that you dearly love?
- When did you start loving that person? Why do you love them?
- If your love for this person has ever been tested, how were you able to continue loving them?

QUICK REVIEW

Looking over your notes from this past teaching... was there anything you heard for the first time, caught your attention, challenged you, or confused you?

MAIN POINT

The love of Christ is wide, deep, long, and high and can never be fully comprehended, but it can be fully experienced.

DIGGING INTO THE WORD

Read – Ephesians 3:14-19

- What do you think Paul is referring to when he says he is praying for the Ephesians “inner man” to be strengthened?

Read – Galatians 5:16-25

- What do you think it means to “WALK” in the Spirit?
 - How is walking in the Spirit different than just believing in God?
 - How is walking in the Spirit different than just trying harder to be good?
- How would you describe the difference between our “flesh”, our “mind”, and our “spirit”?

- How have you experienced the battle between your flesh and spirit?
- How does the understanding that God can “strengthen your inner man” help you battle your flesh?
- What has your life looked like when you felt STRONG in your “inner person”?
- What has your life looked like when you felt WEAK in your “inner person”?
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- How would you describe the difference between, KNOWING someone loves you, and EXPERIENCING their love for you?
- What has helped you to KNOW that Jesus loves you?
- What has helped you to EXPERIENCE Jesus’ love for you?
- What do you think Paul meant when he said Christ’s love is deep, wide, long, and high?
- How can we get ourselves “ROOTED and GROUNDED” in Christ’s love?
- How does it help us to be “ROOTED and GROUNDED” in Christ’s love?
- What is the difference between being rooted and grounded in CHRIST’S LOVE vs. being rooted and grounded in RELIGIOUS ACTIVITY or LEGALISM?
- What do you think it means to have Christ “dwell in us”?
 - How is this different than just believing in Jesus?

PRAISE REPORTS & PRAYER REQUESTS