

# Mountain Life Groups Discussion Guide

**Message:** *The Blessing in Obedience*

## Icebreaker

1. Think back to when you were a kid. What was a rule your parents had that you didn't like at the time, but later realized was actually for your good?

## Understanding the Message

2. When you hear the word **obedience**, what is your initial reaction? Why do you think many people struggle with that word today?
3. Pastor Nate described two common errors: **legalism** and **antinomianism**.
  - Legalism: *"Obey so that God will accept you."*
  - Antinomianism: *"Because God accepts you, obedience doesn't matter."*  
Why do you think people tend to drift toward one of these extremes?
4. The message emphasized:  
**"We're not saved by obedience, but for obedience."**  
What do you think this means in practical terms for a Christian's daily life?
5. Read **Ephesians 2:8–10**.  
What do these verses teach about the relationship between **grace, salvation, and good works**?

## The Blessing of Obedience

6. Read **Luke 11:28** and **John 15:10–11**.  
What connection do these verses make between **obedience and joy/blessing**?
7. Why do you think many people assume obedience leads to a **smaller or less joyful life**, when Jesus says the opposite?
8. Pastor Nate said:  
**"Obedience is not the path to earning God's love. Obedience is the path to enjoying it."**  
What does that statement mean to you?

## Personal Reflection

9. Are there areas where people commonly **rationalize disobedience** today (for example: gossip, pride, bitterness, dishonesty, etc.)? Why is it easy to justify these things?
10. Can you think of a time when **obeying God was difficult at first but ultimately led to blessing or growth**?

## Application

11. Is there something specific God may be prompting you to obey right now?  
Examples mentioned in the message included:
  - forgiving someone
  - reconciling a relationship
  - confessing sin
  - stepping out in faith
  - serving or giving
12. What is one practical step you can take this week to **walk in obedience to the Lord**?

## Prayer

Spend time praying for:

- hearts that **delight in God's Word**
- courage to **obey where God is prompting**
- the Holy Spirit's help to walk in **joy**