

# Group Discussion Guide

Week of October 29, 2023

## *I Am Second – Ephesians 5:21*

### GETTING TO KNOW YOU

- What is something you love now, but you didn't love in the past?
- What made you change your feelings about that thing?

### MAIN POINT

***If we love God, we will love other people.***

### REVIEW

Looking over your notes from this past teaching... was there anything you heard for the first time, caught your attention, challenged you, or confused you?

### DIGGING INTO THE WORD

**The first 3 chapters of Ephesians are focused on... HOW MUCH GOD LOVES US**  
**The second 3 chapters of Ephesians are focused on... HOW WE FOLLOW GOD**

- Why do you think the Holy Spirit inspired the Apostle Paul to write Ephesians with the above type of organization?
- What can happen if we try to follow God before we realize how much He loves us?
- Have you ever made the mistake of getting these 2 things out of order? What was the result?

### **Read – Ephesians 5:21**

- What might cause us to see the word "**SUBMIT**" as a negative term?
- How can **SUBMITTING** be a positive thing?

- What kinds of things make you willing to **SUBMIT** to someone?
- How can submitting to other people be a way of worshipping God?
- Do you agree or disagree with the popular statement, “You can’t love others until you love yourself.” Why or why not?
- What things make it difficult for you to love others more than yourself?
- Share a time you loved someone more than yourself but felt like it wasn’t “successful”, or a waste of time.
- How can that experience make you hesitant to love others again in the future?
- How can you not let the above experience dissuade from continuing to love others more than yourself in the future?
- How can releasing expectations of results help us to be more willing to love others more than ourselves?

## BRINGING IT HOME

- What are some ways you can practically love others more than yourself within our church community at Mountain Life?

## PRAISE REPORTS & PRAYER REQUESTS

- Ask for any prayer requests that anyone may have.

***\*\*Remember to create a prayer request journal where you will write down the prayer requests and the corresponding praise reports\*\****