

## Strengthening Our Experience of Christ

### I. A life of forbearance without anxiety is the expression of a life that: lives Christ, takes Christ as its pattern, and counts everything as loss in order to gain Christ

**Philippians 1:20-21** According to my earnest expectation and hope that in nothing I will be put to shame, but with all boldness, as always, even now Christ will be magnified in my body, whether through life or through death. <sup>21</sup> For to me, to live is Christ and to die is gain.

**Philippians 2:15-16** That you may be blameless and guileless, children of God without blemish in the midst of a crooked and perverted generation, among whom you shine as luminaries in the world, <sup>16</sup> holding forth the word of life...

**Philippians 3:8-9** But moreover I also count all things to be loss on account of the excellency of the knowledge of Christ Jesus my Lord, on account of whom I have suffered the loss of all things and count them as refuse that I may gain Christ <sup>9</sup> and be found in Him...

**Philippians 4:5** Let your forbearance be known to all men. The Lord is near.

**2 Corinthians 10:1** But I myself, Paul, entreat you through the meekness and gentleness of Christ...

(“Gentleness” in this verse is the same Gk. word as “forbearance” in Phil. 4:5)

### A. Anxiety being the totality of the human life and forbearance being the totality of the Christian life

**Philippians 4:5-6** Let your forbearance be known to all men. The Lord is near. <sup>6</sup> In nothing be anxious...

**Matthew 6:25** Because of this, I say to you, Do not be anxious for your life, what you should eat or what you should drink; nor for your body, what you should put on. Is not the life more than food, and the body than clothing?

**Matthew 6:31** Therefore do not be anxious, saying, What shall we eat? or, What shall we drink? or, With what shall we be clothed?

**Matthew 6:34** Therefore do not be anxious for tomorrow, for tomorrow will be anxious for itself; sufficient for the day is its own evil.

**Matthew 13:7** And others fell on the thorns, and the thorns came up and choked them.

**Matthew 13:22** And the one sown in the thorns, this is he who hears the word, and the anxiety of the age and the deceitfulness of riches utterly choke the word, and it becomes unfruitful.

### B. Dealing with the anxieties of human life by our fellowship “to God”

**Philippians 4:5-6** Let your forbearance be known to all men. The Lord is near. <sup>6</sup> In nothing be anxious, but in everything, by prayer and petition with thanksgiving, let your requests be made known to God.

**C. The God of peace being with us and the peace of God guarding our hearts and thoughts**

**Philippians 4:7** And the peace of God, which surpasses every man's understanding, will guard your hearts and your thoughts in Christ Jesus.

**Philippians 4:9** The things which you have also learned and received and heard and seen in me, practice these things; and the God of peace will be with you.