

Small Group Guide: The Communion Connection

Opening Prayer:

Begin the session with a prayer, asking God to open hearts and minds to understand the deeper meaning of communion and its importance in connecting with Him and fellow believers.

Key Takeaways:

1. Communion is rooted in the Passover and connects two covenants.
2. Communion creates a deeper connection with God and reminds us we're connected to each other.
3. Communion is a reminder of Christ's sacrifice and all He's done for us.
4. The cross (as a vav) serves as a connector between us and God, bridging the chasm of sin.
5. We are all part of the body of Christ, connected to each other whether we like it or not.

Discussion Questions:

1. What new insights did you gain about communion from this sermon?
2. The pastor mentioned that communion means "fellowship, communication, community, and intimacy." How does this expand your understanding of communion?
3. How does viewing the cross as a "vav" or connector change your perspective on Christ's sacrifice?
4. The sermon emphasized that we are all connected as parts of Christ's body. How can we better honor and respect this connection in our daily lives?
5. What struck you about the pastor's explanation of the connection between Passover and communion?
6. How can we make communion a more meaningful practice in our personal lives, beyond just participating in church services?
7. The pastor mentioned several benefits of communion (comfort, forgiveness, protection, provision, guidance, deliverance, healing, victory). Which of these resonate most with you right now and why?

Practical Applications:

1. Practice taking communion at home this week, reflecting on its deeper meaning as you do so.
2. Identify one person in the church body you've struggled to connect with and make an effort to reach out to them this week.
3. Spend time in prayer, asking God to reveal any areas where you need to repent or seek forgiveness before your next communion.

4. Write down three ways you can deepen your connection with God this week, inspired by the intimacy described in the sermon.

5. Reflect on how you can use your unique role in the body of Christ to strengthen and support others.

Closing Prayer:

Close the session by praying for a deeper understanding of communion, stronger connections within the body of Christ, and the ability to live out the truths discussed in daily life.

Scripture for Further Study:

- Ephesians 2:11-22
- 1 Corinthians 10:16-17
- 1 Corinthians 12:12-14
- Luke 22:7-20

Encourage group members to read these passages during the week and reflect on how they relate to the sermon's message about communion and connection.