

## Week 9 – Sexual Ethics: The Christian Vision of the Good Life

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### What Does It Mean to Be Human?

Christian sexual ethics are not about rules; they are a part of a larger vision of human flourishing. The key question is not: “What am I allowed to do?” but “What kind of person am I becoming?”

- We are more than our desires.
- We are created in the image of God.
- Our desires are real but they do not define us.

*“You have made us for yourself, O Lord, and our hearts are restless until they rest in you.”*

– St. Augustine of Hippo

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### The Good Life = Flourishing (*Eudaimonia*)

- Aristotle: *eudaimonia* = flourishing, achieving the purpose of our creation
  - The good life is not found in indulgence. It is found in the formation of character.
  - We are not meant to be ruled by our desires, but to “tame” them toward the good.
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### We Are More Than Our Desires

We all have basic human desires:

- *Food*
- *Comfort*
- *Power*
- *Revenge*
- *Sex*

But:

- *Not every desire leads to eudaimonia*
  - *The goal is not to suppress desire, but to tame it and redirect it.*
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## The Reductionism of Our Age

Our culture often says:

- *“My sexuality is my identity.”*

Christianity says:

- *“Your sexuality is a vital part of you, but not the whole of you.”*
- *“Reducing identity to sexuality actually diminishes human dignity.”*

## A Positive Vision of Sexuality

Christiainity is not anti-sex. It simply offers a higher vision of sexuality:

- Sex is **covenantal, not casual**
- The Body is **sacred, not disposable**.
- Love is **faithful, not fleeting**.

**Genesis 4:** “Adam *knew* (yada) Eve..”

- Sex is about deep and personal **knowing**.
- Sex is not just physical. It is also **relational and spiritual**.
- Christian Marriage is designed for **covenant, safety, and trust**.

## Memory Verse for the Week

**1 Corinthians 6:19-20** – *“You are not your own; you were bought at a price. Therefore honor God with your bodies.”*

**Notes:**

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