

6. Do you want to create a gratitude experience or a celebration if you reach a milestone? How will you acknowledge the progress you have made? Sometimes the end result is the best reward (i.e. closeness to Christ, a sense of Mission, contentment, joy, health, self-esteem, living long to see your grandchildren).

7. State your commitment to the vision and offer it all to God for his strength, guidance and help. "I am committed to _____ and with God's help, a year from now, I will have _____."