# **SERMON NOTES:**

VOL 2: Part 15: No Condemnation: Life in the Spirit

**BIG Idea:** 

Application:

Join us as we read the Bible together in 2025.

https://bit.ly/ReadwithMe25

Romans 8:1-17 (NLT)

# Life in the Spirit

8 So now there is no condemnation for those who belong to Christ Jesus. 2 And because you belong to him, the power[a] of the life-giving Spirit has freed you[b] from the power of sin that leads to death. 3 The law of Moses was unable to save us because of the weakness of our sinful nature.[c] So God did what the law could not do. He sent his own Son in a body like the bodies we sinners have. And in that body God declared an end to sin's control over us by giving his Son as a sacrifice for our sins. 4 He did this so that the just requirement of the law would be fully satisfied for us, who no longer follow our sinful nature but instead follow the Spirit.

5 Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit. 6 So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace. 7 For the sinful nature is always hostile to God. It never did obey God's laws, and it never will. 8 That's why those who are still under the control of their sinful nature can never please God.

9 But you are not controlled by your sinful nature. You are controlled by the Spirit if you have the Spirit of God living in you. (And remember that those who do not have the Spirit of Christ living in them do not belong to him at all.) 10 And Christ lives within you, so even though your body will die because of sin, the Spirit gives you life[d] because you have been made right with God. 11 The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you.

12 Therefore, dear brothers and sisters,[e] you have no obligation to do what your sinful nature urges you to do. 13 For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature,[f] you will live. 14 For all who are led by the Spirit of God are children[g] of God.

15 So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children.[h] Now we call him, "Abba, Father."[i] 16 For his Spirit joins

with our spirit to affirm that we are God's children. 17 And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God's glory. But if we are to share his glory, we must also share his suffering.

## The Law was like a mirror.

# Romans 7:7 (NIV)

'What shall we say, then? Is the law sinful? Certainly not! Nevertheless, I would not have known what sin was had it not been for the law. For I would not have known what coveting really was if the law had not said, "You shall not covet." '

Understanding **who** Paul is referring to as "those who are in Christ Jesus" will require us to look for conformation and validation in the scriptures.

#### Guidelines:

- Interpret the Bible with the Bible
- How did Jesus define this?
- How did Paul further define this in his other writings?
- How did the apostles define this?
- Don't "cherry pick" just the stuff you want to be true or you'll never understand what is actually true.

## The MIND is where the battle over the flesh vs the Spirit is waged.

#### James 1:13-15 (NIV)

13When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone; 14but each person is tempted when they are dragged away by their own evil desire and enticed. 15Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

"The twentieth-century Archbishop of Canterbury William Temple once said: "Your religion is what you do with your solitude." In other words, wherever your mind goes most naturally and freely when there is nothing else to distract it – that is what you really live for. That is your religion. Your life is shaped by whatever preoccupies your mind. The overcoming of sin in our lives begins in our minds; and victory over sin is only ever the result of having minds set on the Spirit." – Timothy Keller

# Romans 12:1-2 (NIV)

1Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. 2Do not conform to the

pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

# 1 Corinthians 10:13 (NIV)

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

# 1 John 2:1 (NIV)

My dear children, I write this to you so that you will not sin. But if anybody does sin, we have an advocate with the Father—Jesus Christ, the Righteous One.

# Hebrews 10:26-31 (NIV)

If we deliberately keep on sinning after we have received the knowledge of the truth, no sacrifice for sins is left, 27but only a fearful expectation of judgment and of raging fire that will consume the enemies of God. 28Anyone who rejected the law of Moses died without mercy on the testimony of two or three witnesses. 29How much more severely do you think someone deserves to be punished who has trampled the Son of God underfoot, who has treated as an unholy thing the blood of the covenant that sanctified them, and who has insulted the Spirit of grace? 30For we know him who said, "It is mine to avenge; I will repay," and again, "The Lord will judge his people." 31It is a dreadful thing to fall into the hands of the living God.