

SERMON NOTES:

Series: Made to be Moved | Part 4: Heed His Voice

Cambridge English Dictionary – HEED: “to listen to and follow advice”,

John 10:27 (NLT)

²⁷ My sheep listen to my voice; I know them, and they follow me.

Followers of Christ are expected to HEAR what He’s saying, UNDERSTAND what we’re told, and RESPOND accordingly. We need to be MOVED by what moves God’s heart.

1 Corinthians 2:14 (NIV)

¹⁴ The person without the Spirit does not accept the things that come from the Spirit of God but considers them foolishness, and cannot understand them because they are discerned only through the Spirit.

Matthew 13:15 (NIV)

¹⁵ For this people’s heart has become calloused;
they hardly hear with their ears,
and they have closed their eyes.

Otherwise they might see with their eyes,
hear with their ears,
understand with their hearts
and turn, and I would heal them.’

Living in the rhythm of the Spirit.

Rhythm is defined as “a regular movement or pattern of movements.”

1. Rhythms are a universal phenomenon.

Colossians 1:16-17 (NIV)

¹⁶ For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him. ¹⁷ He is before all things, and in him all things hold together.

2. The world we live in pulsates with a divinely ordained rhythm.

3. Likewise: Our daily lives pulsate with the rhythms of routine.

The term “RHYTHM OF THE SPIRIT” is not found in The Bible but the idea of it is seen from cover to cover, especially the New Testament.

Romans 8:14 (NLT)

¹⁴ For all who are led by the Spirit of God are children of God.

Galatians 5:25 (NIV)

²⁵ Since we live by the Spirit, let us keep in step with the Spirit.

Metronome: “An instrument consisting of a short pendulum with a sliding weight. It is set in motion by clockwork, and serves to measure time in music”

The Holy Spirit is our metronome. He teaches us to measure and pace our lives to the rhythm of God. Our pace should accelerate or slow down depending on what He says.

4. Living in the Rhythm of the Spirit brings our hearts into harmony and rhythm with God’s heart.

Matthew 11:28-30 (MSG)

²⁸⁻³⁰ “Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep company with me and you’ll learn to live freely and lightly.”

“We all need the Holy Spirit’s flawless rhythm. Many of us—whether a teenager, college student, young married, professional, parent or grandparent—find ourselves in a race against the clock. We’re limited to 24 hours in a day and 7 days in a week, and often that doesn’t seem like enough. We become increasingly busy; we multitask; we overcommit. It’s a lifestyle that leads to stress and ends with us at His feet again, crying out for help and begging Him to slow life’s pace.” – Gateway Online Devotional

FASTING – PRAYER – READING THE WORD – WORSHIP

You don't need to fast for days, but fasting has its place.

You don't need to pray for hours, but you need to pray.

You don't need to study the Word fanatically, but you need to spend time in the Word.

You don't need to sing to Worship, but we need express our reverence, love and appreciation to God.