

🔗 Greater Things 5 :: One More Step 🔗

🔥🔥🔥 Biblical fasting is deep waters - it increases the level of holy and divine expectation in our lives.
🔥🔥 It increases our ability to hear God's voice in a world of distractions and follow faithfully in a world obsessed with comfort

📖 Matthew 6:16-18

📖 2 Chron. 20:1-12

A fast without intense prayer is not a fast.

🙏 Lord, we are absolutely powerless against this massive enemy, but we turn to you, we trust you, our eyes are on you.

This is the prayer that it's at the heart of Fasting.

📖 Fasting shows you where to stand.

Fasting separates the ropes so you don't have to fight, "the battle is not yours, but God's" fasting moves us out of the ring.

Trust the fact that the Lord is ready, willing and able to fight your battles.

📖 2 chron 20:16-17

"Stand firm, hold your position, and see the salvation of the Lord in your behalf..." vs. 7

📖 Fasting shows you how to stand

Stand firm

Fasting strengthens your spiritual legs

See that the Lord will fight on your behalf

Jesus stood firm: in the desert, in the garden, in front of Pilate, on the cross.

2 Chron 20:18-19

📖 fasting shows you when to praise

🔥🔥 In fasting you stop fighting for the promise and start celebrating because of the promise. You can hold the future promise as if it has already been delivered.

📖 2 Chron 20:20-26

The continued to praise when emotion wore off.

The people of God fasted, they prayed, they heard the promise, they believed the promise, they praised, they walked in obedience, they continued to praise.

📖 fasting multiplies the reward

When you fast, your father who sees in secret will REWARD you.

Challenge: set a time to fast, just start