






 James 2: Second Nature


 P90X - the sports exercises he had done for years were second nature, but the ones he rarely did were terrible to do.

You are special but you are not fragile, "Let's Grow"

 1:19-20

Do the things that don't feel natural


 Human anger isn't going to produce the righteousness in you that God wants for you.
Lean into personal and private repentance



 1:21

"Receive with meekness the implanted word..." esv ... that has the power to save your soul.

"The Bible is a unified story that leads to Jesus. Genesis to revelation and everything in between is a story that fits together in a divine beautiful way that culminates in the person and work of Jesus."

 Psalm 119:105

 1:22-25 *22

 Tennis analogy 

The point James is making is that God is the expert, you may not always understand the why, but we have to trust God, Jesus & the Bible as the expert.

When you hear the Word. Then do it!

Be mindful of the Do's and Don'ts of these verses.

Don't just listen to the Bible but do what it says. That's where growth will happen.