



SPIRITUAL DISCIPLINES

7

HABITS FOR CHRISTLIKENESS





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1

CHURCH
COMMUNITY

Heb. 10:24–25
Acts 2:42–47



2

SCRIPTURE

Ps. 1:2–3
2 Tim. 3:16–17



3

FASTING

Matt. 6:16–18
Acts 13:2–3



4

PRAYER

Luke 5:16
Phil. 4:6–7



5

SABBATH,
SILENCE, AND
SOLITUDE

Mark 6:31
Ps. 46:10



6

GENEROSITY
AND SERVICE

Acts 20:35
1 Pet. 4:10



7

WITNESS AND
OUTREACH

Matt. 28:19–20
Acts 1:8

Your Watering System

A watering system does not create life itself. Only God can do that ([John 15:5](#)).

The goal is **relational** instead of **transactional**. To create conditions where growth can flourish.

To live the “**good life**” that Jesus lived by looking at His habits and priorities.

The Disciplines - Not About Justification

We are justified by grace through faith in Jesus Christ alone, NOT by works, lest anyone should boast. (Eph 2:8-9)

The Disciplines create ways to **abide, trust, obey, and grow.**

Be “Doers” of the Word:

“22 But be doers of the word, and not hearers only, deceiving yourselves.”

James 1:22

The Disciplines help us to practice being “doers” of the word.

Our FEELINGS need the Disciplines:

“He who trusts in his own heart is a fool, But whoever walks wisely will be delivered.”

Proverbs 28:26

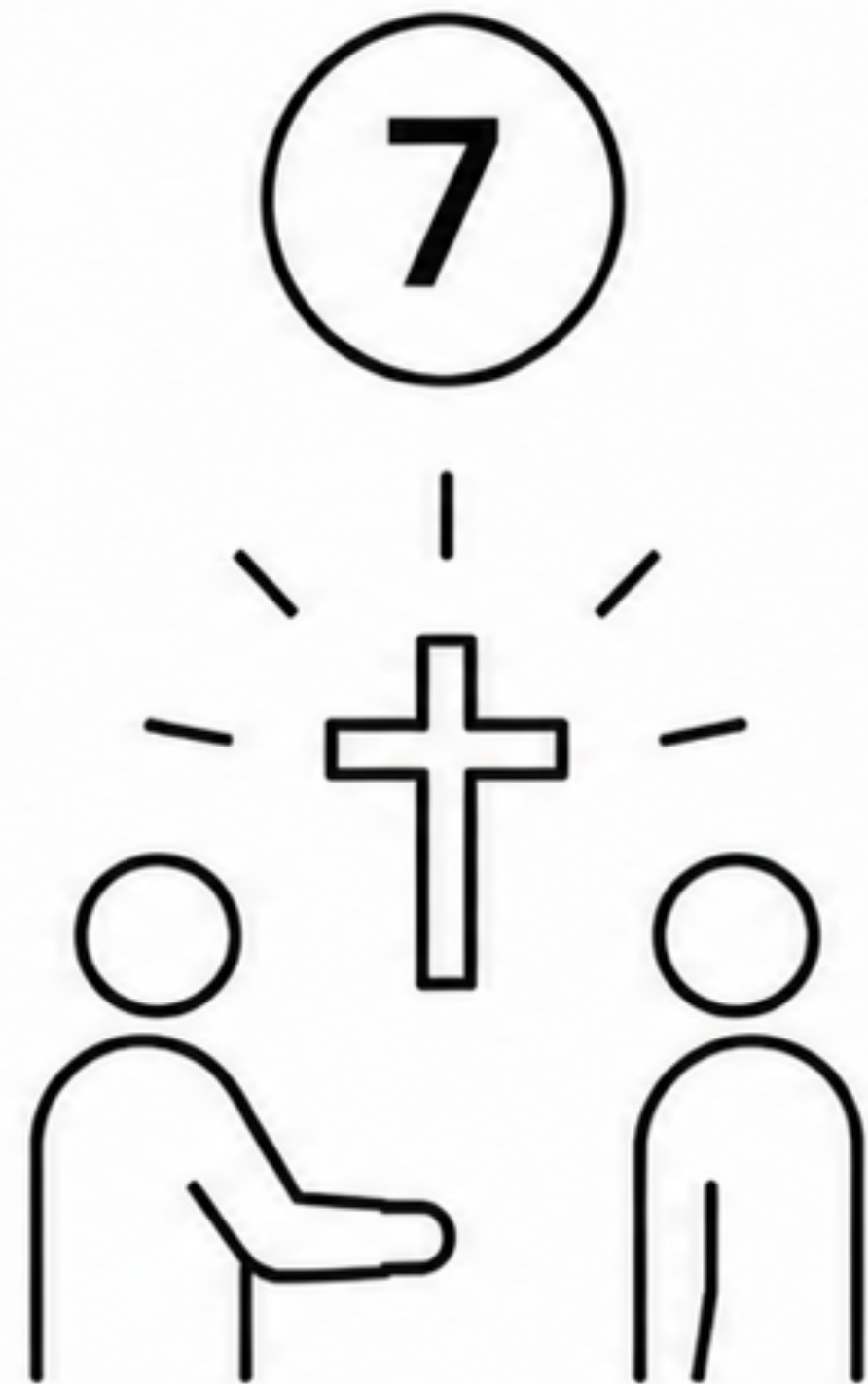
“5 Trust in the Lord with all your heart, And lean not on your own understanding; 6 In all your ways acknowledge Him, And He shall direct your paths.” **Proverbs 3:5-6**

Our FEELINGS need the Disciplines:

“...Rather **train yourself for godliness**; 8 for while bodily training is of some value, **godliness is of value in every way**, as it holds promise for the present life and also for the life to come.”

1 Timothy 5:7-8

**Training often goes against what you feel,
but produces the results that you are after!**



WITNESS AND OUTREACH

Sharing the hope of Jesus with others



Matt. 28:19–20



Acts 1:8

Main Texts: Matt 28:18-20; Acts 1:8; Romans 10:10-15; John 4.

Big Idea:

The disciplines of Witness and Outreach encapsulate the heart of God to reach out to, and intervene on mankind's behalf. He has come to seek and save the lost, and we are partnered with Him in that mission. Practicing these helps align ourselves with God's heart.

An “Outreaching” God As Our Example

Gen. 1-2: Made us to be in relationship with Him, dependent on Him.

Gen. 3: Made an intercession for us, clothed and provided, hatched a rescue plan.

Gen. 6-9: Spares humanity through saving Noah.

An “Outreaching” God As Our Example

Gen. 12-25: Separates Himself a people through Abram, to bring about the Seed.

Gen. 26-All OT: God bears with, walks with, provides for, corrects, and positions His people for the coming Seed, the promised Messiah.

An “Outreaching” God As Our Example

Luke 2: Jesus comes, God in the flesh, Immanuel “God With Us”. The promised Messiah and Seed.

The Gospels: Jesus shows us how to live, how to obey God, pays our sin debt, calls us to faith, opens up the way to be forgiven, justified, adopted, made new, and given eternal life. Calls us to follow & share.

Stanley: “Hi, I’m a problem!”



Witness & Outreach: Same Heart

Witness: To testify of what you have seen and heard. Specifically, in following Jesus, to share the gospel and your testimony with people. To go to them and share.

Outreach: To invite in, to serve, to meet needs in order to reach people for the gospel's sake. To go to them and share.

Heart Readiness: Witness & Outreach

- Be willing to defy cultural norms to reach people. Cultural etiquette can be the enemy of good. **(John 4)**
- Make a practice of remembering Who's you are and what your life is supposed to be about. **(Rom 12:1-2)**

Practicing Witness and Outreach

- Ready your heart, make a plan, and follow through!
- Prepare a testimony, and also rely on the Holy Spirit to help you.
- Head on a swivel, eyes up, make contact, and engage!

Sunday Challenges

1. How is God calling you to practice Witnessing and Outreach?
2. What areas in your heart are misaligned with God's mission?
3. Where can you practice evangelism in your life?
4. Make a plan, share it with a friend & start!

Resources/ Bibliography:

1. Jack's handout!
2. The bible and Jesus' life!
3. My own thoughts, fears, and experiences.
4. Stanley misadventures.
5. Dave Browning, *Deliberate Simplicity: How the Church Does More by Doing Less* (Grand Rapids, MI: Zondervan, 2009). [See [here](#), [here](#), [here](#).]
6. Robert Webber, *The Ministries of Christian Worship*, *The Complete Library of Christian Worship* (Nashville, TN: Star Song Pub. Group, 1994), 432.
7. Donald S. Whitney, *Spiritual Disciplines for the Christian Life (Study Guide)* (Colorado Springs, CO: NavPress, 2014), 69–70.
8. John MacArthur F., Jr, Richard Mayhue, and Robert Thomas L., *Rediscovering Pastoral Ministry: Shaping Contemporary Ministry with Biblical Mandates* (Dallas: Word Pub., 1995), 306.
9. Roy Moran, *Refraction, Spent Matches: Igniting the Signal Fire for the Spiritually Dissatisfied* (Nashville, TN: Thomas Nelson, 2015). [See [here](#).]
10. Michael W. Waldrop, "McGavran, the Great Commission, and Evangelism," *The Journal of Evangelism and Missions: Contemporary Issues in Evangelism & Missions*, Spring 2011 (2011), 10:57.