

**Now what?**

What is the Good Life?

**Matthew 6:19-33**



# Now what?

Decision → Discipleship

Conversion → Formation

Belief → Apprenticeship

Follow Jesus = New Life

(Matt. 28:18–20; Luke 9:23; John 8:31)

# The Fall

Who defines the good life?

"I decide what is good"

(Gen. 3:1–6; Judg. 21:25; Rom. 1:21–25)

## Matthew 6:19-34

(19) "Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal;

(20) "but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal.

## Matthew 6:19-34

(21) "For where your treasure is, there your heart will be also.

## Matthew 6:19-34

(22) "The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light.

(23) "But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is that darkness!

# The Heart of the Matter

Do not store up treasures (Matt. 6:19–21)

Where your treasure is there your heart is  
(Luke 12:34; Col. 3:1–2)

“God wants your heart to be like Jesus’ heart. As your heart goes, so goes the rest of your life.”

# What is the good life?

Your vision shapes:

- Priorities
- Decisions
- Direction
- Future

(Prov. 4:23; Rom. 12:2; Col. 3:1–2)

# 1. Your “Vision” of the Good Life

## Determines Your Direction and Purpose

- When you think of the “good life,” what comes to mind first?
- How does your current lifestyle reveal what you believe the good life is?

## Matthew 6:19-34

(24) "No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon.

# Your Master Shapes your Life

Money → anxiety/work/stress

Approval → performance

Comfort → avoidance

Control → fear

Jesus → peace

(Gal. 1:10; Phil. 4:6–7; Heb. 13:5)

## 2. Your Master Determines Your Peace

- What tends to compete with Jesus for mastery in your life?
- How does worry reveal what you are trusting in?



## Matthew 6:19-34

(25) "Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing?"

## Matthew 6:19-34

(26) "Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they?"

## Matthew 6:19-34

(27) "Which of you by worrying can add one cubit to his stature?"

(28) "So why do you worry about clothing?"

Consider the lilies of the field, how they grow: they neither toil nor spin;

(29) "and yet I say to you that even Solomon in all his glory was not arrayed like one of these."

## Matthew 6:19-34

(30) "Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?"

(31) "Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'"

## Matthew 6:19-34

(32) "For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things.

# What you Worry/Think about

Do not worry

(Matt. 6:25–32)

Your Father knows

(Phil. 4:6–7; 1 Pet. 5:7; Ps. 55:22)

# Before and After

**Before:**

Build your life

**After:**

Receive your life

(Mat. 11:28-30; Ps. 127:1-2; Luk 12:29-31)

# The World's Good Life

More money

More comfort

More success

More freedom

More control

(1 John 2:15–17; Eccl. 5:10; Luke 12:15)



## Matthew 6:19-34

(33) "But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

(34) "Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.

# 3. Your Identity in Christ Determines Your Transformation

- Where do you tend to look for identity or worth?
- What does it mean to live from acceptance instead of for acceptance?

# Seek His Kingdom First? (Matt. 6:33)

**Not:**

Comfort

Consumption

Control

**But:**

Life with Jesus

Life in Kingdom

Life shaped by Jesus

(Ps. 37:4; Rom. 14:17; John 10:10)



# Jesus Redefines the Good Life

Provision

Purpose

Presence

Peace

(Gen. 2:15–17; Ps. 16:11; Eccl. 2:24–26)

# Before Christ

Security = money

Worth = performance

Significance = success

Purpose = self

Identity = achievement

(Eccl. 2:11; Phil. 3:4–7; Luke 18:9–14)

# After Christ

Security = Father

Worth = Cross

Significance = Kingdom

Purpose = discipleship

Identity = child of God

(Matt. 6:32; Rom. 8:15–17; Gal. 2:20)

# New Identity Changes Everything

Security

Worth

Significance

Purpose

Identity

(2 Cor. 5:17; Col. 3:3–4; Eph. 1:3–6)

# Takeaways

1. Vision determines direction  
(Prov. 29:18; Col. 3:1–2)
2. Master determines purpose and peace  
(Matt. 6:24; Phil. 4:6–7)
3. Identity determines transformation  
(Rom. 8:15; 2 Cor. 3:18)

# Live it

1. Be with Jesus
2. Become like Jesus
3. Do what Jesus did

(Matt. 4:19; Luke 6:40; John 15:4–5)

# Habits of Grace

Prayer (Matt. 6:6)

Scripture (Ps. 1:2)

Community (Acts 2:42)

Generosity (2 Cor. 9:6–8)

Sabbath (Mark 2:27)

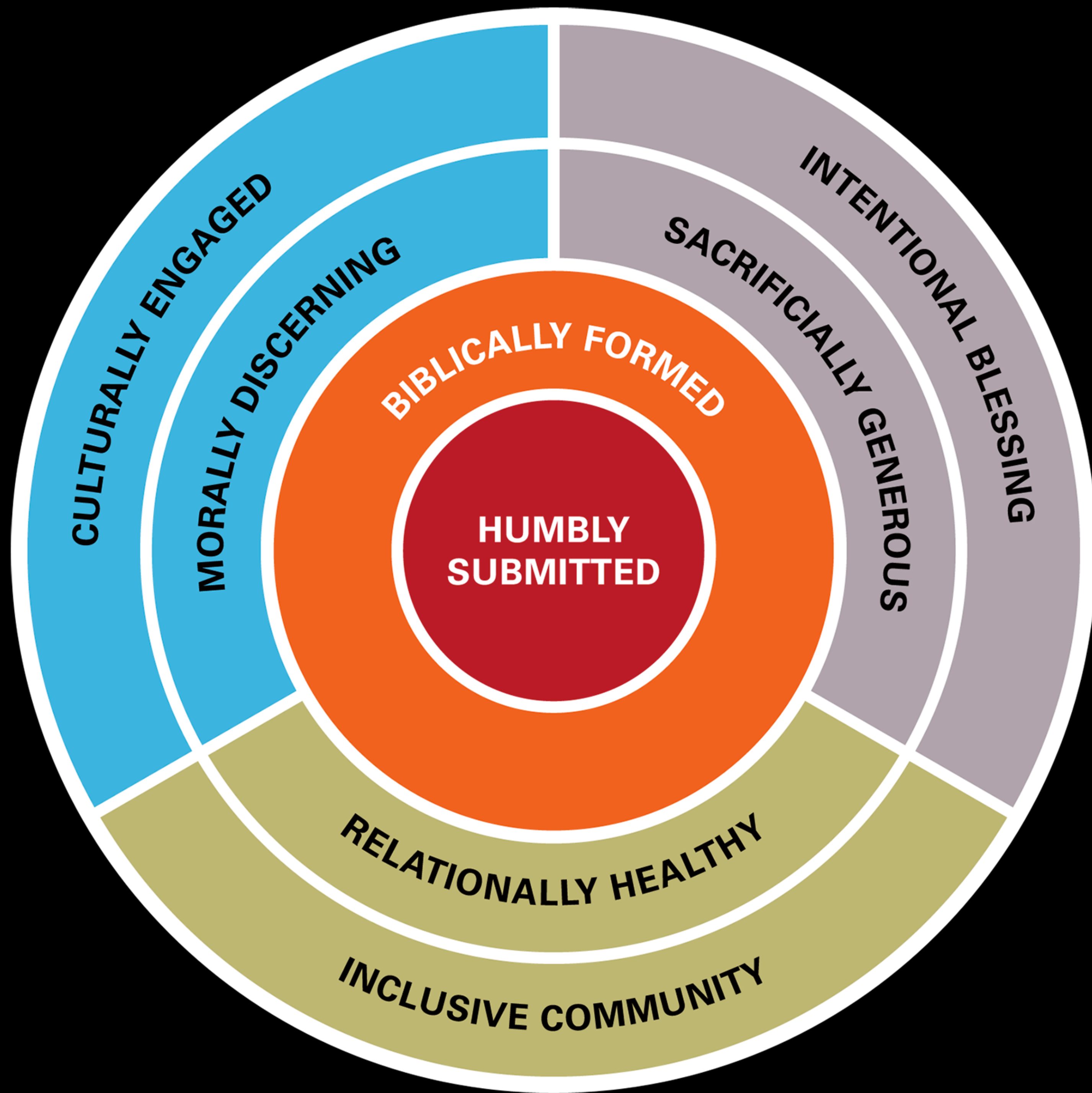
# The Good Life

Life with Jesus

Life under Jesus

Life shaped by Jesus

(John 10:10; Rom. 14:17; Ps. 16:11)



## Disciples-

A disciple of Jesus is one who has come to Jesus for eternal life, has claimed Jesus as Savior and God, and has embarked upon the life of following Jesus.



## Resources

Rick Taylor. *The Anatomy of a Disciple: So Many Believers. So Few Disciples.* Well Community Church, 2013.

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Dallas Willard. *The Divine Conspiracy: Rediscovering Our Hidden Life in God.* San Francisco, CA: HarperOne, 1998.