

Our passage today hits on one of the most significant issues we have in the world today. How do we avoid anxiety? How do we find peace? Paul calls on his readers "do not be anxious about anything." He says the key is to focus our minds on Jesus. If we do, we will find the peace that only God offers!

Call to Worship

Psalm 18:1-3

**Songs of Praise** 

Homecoming He Leadeth Me

Announcements and Offering

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**Confession of Faith** 

New City Catechism #7

What does the law of God require?

A. Personal, perfect, and perpetual obedience; that we love God with all our heart, soul, mind, and strength; and love our neighbor as ourselves. What God forbids should never be done and what God commands should always be done.

Reference -Matthew 22: 37-40

# Song of Declaration

Behold The Lamb

## Sermon - Peace From Above

Sermon Scripture - Philippians 4:5-9

#### **Focus**

- What does Paul mean by anxiety? What is the command?
- What is the crux of this passage, and the book of Philippians as a whole?
  - "to pursue the establishment of God's royal rule in every area of life." Philip Ryken
- What do we learn in Luke 12:22, 28-31? How does this offer us hope?
  - The decrees of God are, his eternal purpose, according to the counsel of his will, whereby, for his own glory, he hath foreordained whatsoever comes to pass. Westminster Shorter Catechism #11
  - "Do not worry" is both a command to trust the Lord and an invitation to enjoy peace with the Lord. Steven Lawson

#### Cure

- What is the solution that Paul offers for anxiety?
  - Philippians 4:6
- What happens when we pray?
  - Philippians 4:7
  - The meaning here is not of something mysterious and incomprehensible in its own right, but of something which man cannot explain or explain away, something which runs beyond the range of human comprehension. - Alec Motyer
- What is promised in John 14:27?

### Dwell

• What is the final call of this passage? • Spiritual stability is a result of how a person thinks. The Bible leaves no doubt that people's lives are the product of their thoughts. - John McArthur How is 1 Corinthians 2:16 a summary of this passage? • What is Paul's final command to his readers? Philippians 4:9 **Song of Response** The Blessing **Benediction** 1. Why do you believe anxiety is so prevalent in the world today? 2. Do you agree with Philip Ryken that the best way to deal with anxiety is "to pursue the establishment of God's royal rule in every area of life? 3. How often do you pray? Do you find it difficult to pray? 4. Read John 14:27. What does the Spirit offer to us?

5. How can we keep our eyes, minds, and heart set on Jesus?

6. How can the church help keep us from falling into anxiety?