

Life Group Notes / One Flesh / 2.13.22

Icebreaker

Describe a silly fight you had with a sibling or a friend growing up.

Genesis 2:24-25

What is one thing that stood out to you from our passage and/or Clayton's message?

Define the difference between a **contract** and a **covenant**.

What are some examples of covenant in scripture? / What is significant about these covenants?

How might a covenant promote "oneness" in a marriage?

What are some potential hang ups in being "fully known" by those closest to us, especially a spouse? / Why is it better for us to be fully known?

What are some **broken** views of sex that both secular and Christian cultures have perpetuated? / How is the Bible's design for sex ultimately better?

Where the ideal lacks, grace abounds. **How is this encouraging to you personally?**

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Men's/Women's Time

Have a time of sharing (i.e. Share highs/lows in this season, needs in your home/community, etc.)

Pray for marriages.

PRAY for one another.