Unity in Christ / 11.01.26 / Ephesians 4:1-6

Upcoming events to tell your group about (more info on each on pg 2):

- **Nicaragua Mission Trip Opportunities**
  - December 26th - January 2nd
  - January 2nd - January 9th
  - fbclife.org/missions

Optional Icebreaker: Who are you more a fan of: KC Chiefs or STL Cardinals?

What part of the sermon or passage stood out to you the most, and why?

What stood out to you most from the Remember the Titans illustration? What do you think makes it difficult for people from different backgrounds, personalities, or preferences to experience genuine unity?

Paul begins chapter 4 with the word "therefore." **How do the truths Paul established in Ephesians 1–3 (being chosen, adopted, redeemed, forgiven, and saved by grace) shape the way we live in chapter 4?**

Why do you think unity is so important to Jesus and the church? What are some things that can easily divide Christians?

Paul identifies five characteristics that protect unity. **Which of these five characteristics is most difficult for you personally? Why?** *(see list below)*

Humility: *Thinking of yourself less and considering others.* ***Gentleness:*** *Power under control.* ***Patience:*** *Being willing to endure the process of loving imperfect people. Bearing with one another in love: Extending grace when people frustrate or disappoint us.* ***Eagerness to maintain peace:*** *Being committed to reconciliation rather than simply being right.*

Think about your relationships with your spouse, children, family, coworkers, or friends. **When someone frustrates you, are you more likely to respond with gentleness or harshness? What might a Christlike response look like?**

Clayton said, "What unites us in Christ will outlast everything that could ever divide us in this world." **How does that truth challenge the way you approach disagreements within the church?**

Identify one practical step you can take this week to protect unity in a relationship.

Men's/Women's Time (if applicable)

Have a time of sharing. *(i.e. Share highs/lows in this season, needs in your home/community, etc.)*
PRAY for one another.

Notable Upcoming Events at Fellowship

Go to fbclife.org/missions to find out more about upcoming mission trips

Important Contacts

LG-related questions: alex.barnett@fbclife.org

Care & Crisis: care@fbclife.org

Access Ministry-related questions: access@fbclife.org

Marriage support: clayton.havelka@fbclife.org

Fellowship Forward: justin.raby@fbclife.org or justin.stringer@fbclife.org