

Happening today, 6/22:

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|----------|---------------------------------|
| 8:45 AM | Sunday School – All ages |
| 9:30 AM | Blood Pressure Checks Library |
| 10:00 AM | Worship Sanctuary |
| 11:15 AM | Blood Pressure Checks Library |
| 3:30 PM | Creation Care Zoom |

Happening this week, 6/23–6/29:

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|-----------|----------|--------------------------------------|
| MON, 6/23 | 5:45 PM | Theology Pub Village Pub |
| TUE, 6/24 | 5:00 PM | Church & Society Zoom |
| WED, 6/25 | 11:00 AM | Centering Prayer Parlor |
| | 4:00 PM | Youth Night with Hood UMC |
| | 7:00 PM | Congregational Care Council Zoom |
| THU, 6/26 | 8:00 AM | Thursday Morning Prayer Zoom |
| | 10:00 AM | Circle of Prayer Zoom |
| SUN, 6/29 | 8:45 AM | Sunday School – All ages |
| | 10:00 AM | Worship Sanctuary |
| | 11:15 AM | Building Committee Fellowship Hall |

For more information about these activities, go to centralumc.org/EVENTS.





Maureen Carr Memorial UWF Scholarship Winner | Bella Strupp

Central’s United Women in Faith are excited to announce the recipient of the Maureen Carr Memorial UWF Scholarship. We are blessed to award a \$1,000 scholarship this year to **Bella Strupp**.

Bella is a rising junior at Appalachian State University, majoring in elementary education. She has been involved at Central for many years, serving as an intern with our children’s ministry and participating in the Allies for Equity Team. She has also shared her musical talents by playing the flute in worship services.

At ASU, Bella is the president of the Child Advocacy Club and has volunteered with several children’s programs in Boone. She intends to pursue a master’s degree in special education and hopes to teach before eventually working in education policy.

Congratulations to Bella on her many accomplishments! We wish her God’s blessings as she continues her journey.

 **Eco Tip:** Consider your household carbon footprint when you buy new appliances, vehicles , or a new home . Look for the Energy Star rating , a useful tool in purchasing an efficient device. Some organizations, such as *Consumer Reports* or *Wirecutter*, evaluate and report on their findings to help you choose wisely.

Ministry Staff

Rev. Dr. Mary Brown, Senior Pastor
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Richard Provine, Director of Central Brass
rprovine@CentralUMC.org

Sermon Discussion Questions

Continue to reflect on today's message by journaling or discussing the following questions:

- Think of the biggest, oldest, strongest tree you can. Describe it as best you can.
- Imagine yourself as that tree – and the law of God is the stream you are planted by.
- How can you learn to “delight” in the law of God? Consider reading a Psalm out loud every day, listening to it as poetry and “delighting” in its language and art and expressiveness.
- How can you learn to “meditate” in the law of God? Consider memorizing Psalm this week – either in entirety or in part. Repeat it each morning or evening. Notice what memorization does for your relationship with Scripture.

Daily Suggested Scripture Readings

It’s a Summer of Psalms! As you read a Psalm each day, try reading them out loud. Listen for a line or phrase that feels especially meaningful. Consider re-reading that line out loud and then sitting in silence with it for 5 to 10 minutes.


- Monday: Psalm 1
- Tuesday: Psalm 2
- Wednesday: Psalm 3
- Thursday: Psalm 4
- Friday: Psalm 5
- Saturday: Psalm 6

Next week in worship:

Many of our Psalms fall into the category of “lament.” Psalm 13 is a prime example; it begins, “How long, O Lord? Will you forget me forever?” If you’ve ever wanted to cry out to God, these Psalms and next Sunday’s message can help you find the words – and eventually, even deeper peace.

Recommended Summer Reading:

- C.S. Lewis, *Reflections on the Psalms*
- N.T. Wright, *The Case for the Psalms*
- Timothy Keller, *The Songs of Jesus*
- Walter Brueggemann, *Praying the Psalms*
- Dietrich Bonhoeffer, *The Prayerbook of the Bible*



Central

UNITED METHODIST CHURCH

Second Sunday after Pentecost
June 22, 2025
10:00 am

WELCOME

Rev. Dr. Mary Brown

CHIMES OF THE TRINITY

PRELUDE

“Holy God, We Praise Your Name”
Central Brass

Prayer cards and name tags are available in the attendance pad at the end of each pew. You can also find prayer cards in the pew rack in front of you.

CALL TO WORSHIP

Rev. Lisa Rettew

The wicked invite us to follow their path
We choose to be trees planted by streams of water
Sinners invite us to come and stand with them
We choose to be trees planted by streams of water
The cynical invite us to come sit with them
We choose to be trees planted by streams of water
We put down roots in the law of the LORD
We bear God’s fruit, the fruit of the Spirit
We choose to be trees planted by streams of water

*HYMN 178

“Hope of the World”
VICAR

SACRAMENT OF BAPTISM

Hymnal 33

Breezy and Canyon Bowman, Children of Caley and Bret Bowman

PASTORAL PRAYER


Rev. Lisa Rettew

The Lord’s Prayer: *Hymnal 895*

OFFERTORY

“Canite Tuba”
Central Brass

While the choir makes their musical offering, the ushers will pass plates for those who wish to offer a financial gift or prayer request. You may also use this QR code to make a financial gift. As you pass the plate—whether or not you give—we invite you to pause and reflect on what you hope to offer God this week.



*DOXOLOGY

Hymnal 94

“Praise God, From Whom All Blessings Flow”

SCRIPTURE READING

Psalm 1

Tim Lane

1

CHILDREN’S TIME

Vicki Leeds

Following Children’s Time, children in Kindergarten – 5th grade are invited to be part of Children’s Church in the Chapel. Children 5 years old and under may leave at this time to go to the nursery with our childcare staff.

Children Must have name tags on them.

The name tag table is located outside the Sanctuary by the Library.

PSALTER

“Canite Tuba”

Pepper Choplin

Central Brass

SERMON

“Be a Tree!”

Rev. Dr. Mary Brown

*THE APOSTLES CREED

Rev. Lisa Rettew

Hymnal 881

HYMN 707

“Hymn of Promise”

PROMISE

*BENEDICTION

Rev. Dr. Mary Brown

*CHIMES OF THE TRINITY

*VOLUNTARY

“Trumpet Tune on ST. CLEMENT”

Franklin Ashdown

*Please stand, if you are able.

A livestream of the worship service is available in the library for families. Nursery care is available in Room 104 for children ages 0–5.

The flowers in the Chancel this morning are given to the Glory of God and in celebration of the 80th birthday of Sue Mather, by Herb Mather.

If you are interested in providing flowers for the Chancel, please contact Mary Margaret at marymargaretingle@gmail.com, especially for the weeks of July 20, September 28 and October 5.

Plainclothes law enforcement officers are present during our services so that all may feel welcome, secure and free to worship, fellowship and experience God’s grace freely. Our staff members are in direct communication with the officers should you feel the need to ask for assistance or voice a concern.

ANNOUNCEMENTS

Centering Prayer | WEDNESDAYS, JUN 4-JUL 30 | 11:00 AM

Find Your Center. Join Pastor Mary for an hour of “Centering Prayer,” a quiet way of praying that is similar to meditation. New to this kind of prayer? We’ll provide guidance to help you, as well as a chance to reflect and ask questions afterward. Expect a Scripture reading to begin, 15 minutes of silent Centering Prayer, and a time to discuss at the end.

Blood Pressure Checks | TODAY | 9:30 AM & 11:00 AM

Take a moment to care for your health! Free blood pressure checks will be offered on **Sunday, June 22**, in the church **Library** at two convenient times: **9:30 AM** and **11:00 AM**. Registered Nurses (RNs) will be on hand to provide quick, confidential screenings. Whether you're managing a health condition or simply staying proactive, this is an easy and helpful way to check in on your wellness. All are welcome—no appointment necessary!

Day Hike, Dinner, Joint Worship with Hood UMC | WED, JUN 25| 4:00 PM

We have some friends from Hood UMC in Missouri that are staying in our church building June 22-27. On Wednesday, June 25, we are joining up with them for a day hike and dinner followed by a short worship led by their youth praise team! Meet at the church at 4 for the hike. Pastor Mary is leading the hike, please RSVP to her at mbrown@centralumc.org so we can get a head count.

Building Committee Presentation | SUN, JUN 29 | 11:15 AM

The Building Committee was formed by Charge Conference in November of 2023 and tasked with exploring the next phase of physical development for Central. Join John Pierce (Building Committee Chair) and Chris Smith (Trustees Chair) for a detailed presentation explaining their 1.5 process and the resulting "phase 1" of work, approved by your Administrative Board on June 8.

Table 2 Table: Independence Day Picnic | SUN, JUL 6 | 11:15 AM

Join us for a relaxed and festive Table 2 Table meal as we celebrate Independence Day together! We'll enjoy classic picnic favorites—including hot dogs, baked beans, potato salad, and chips. **You're invited to bring a dessert to share, but no pressure—just come as you are!** There’s no cost to attend, and donations are welcome. Let’s gather in gratitude, good food, and great company. We hope to see you there! Register at CentralUMC.org/Events or scan the QR code.



Wilderness Trail | JUL 7-12

Let's go get away to our favorite place - Trail! Must be a rising 7th grader. Scholarships available. Sign up ASAP! For more info contact Pastor Mary. To register go to CentralUMC.org/Events or scan the QR Code!



Vacation Bible School | MON-FRI, JUL 14-18 | 9 AM to 12 NOON



Join us for another year of Bible adventures as we go back to ancient *Egypt*! Each day, your child will step into Bible times—and learn the story of Joseph and watch God's word come to life through music, crafts, games and storytelling. For 3 years old up to 5th grade. Students 6th-12th grade are invited to volunteer! To register your kids, email ChildrensMinistry@CentralUMC.org, go to CentralUMC.org/EVENTS, or scan the QR Code.

No fee. Snacks provided.



VBS Volunteers Needed: We are still looking for volunteers as this year's VBS will be entirely run by volunteers. Eleanor Campbell will be the VBS Director this year. To volunteer or if you have questions, please contact her at eivey@mindspring.com.

Youth Ushers Needed This Summer! 🙏

We’re looking for middle and high school youth to serve as ushers during Sunday worship services this summer. This is a great opportunity to get involved, and serve the church. If your youth is interested or would like more information, please contact Perry Fisher at perry@fisherstark.com.

Be At Sunday School This Summer | SUNDAYS | 8:45 AM

Youth and Children (anyone under 21) will meet together in the **Youth Arena (4th Floor)** this summer for a study of the Beatitudes. Beginning June 8, a team of volunteers will offer engaging discussions, refreshments, crafts, and games for all ages, beginning at 9:00 a.m. each Sunday. Parents are invited to join in!

Donations for Homeward Bound! | NOW! | Fellowship Hall

Looking for a way to make a real difference in someone’s life? You can help individuals and families transition out of homelessness by donating gently used household goods. Items are being collected now in the Fellowship Hall.

- Requested Donations Include:
- Kitchen Items: Dishes, pots, pans, toasters, coffee makers, microwaves
 - Furniture: Love seats, chairs, small dining tables, side tables, coffee tables, lamps
 - Linens & Toiletries: Towels, wash cloths, hand towels, sheets, blankets, shampoo, body wash, deodorant
 - Cleaning Supplies & Paper Goods: Cleaning supplies, dish detergent, paper towels, bathroom tissue

These essential items help furnish new homes for those moving forward from homelessness. Can’t bring your items in? Homeward Bound will even pick them up! Contact Terry, Donation Center Coordinator, 828-412-5322, terry@homewardboundwnc.org

Thank you for being a part of this life-changing mission! ❤️

Central.Congregational.Care.

You are needed!

- Nursery Volunteers during Sunday School and Worship hours to care for our sweet little ones! For details, contact Pastor Mary, mbrown@centralumc.org
- Homebound Volunteers to visit our folks who can no longer get out and about! For details, contact Kim Everette, Kimeverette525@gmail.com
- Supplies for our Prayer Shawl Care Ministry. For details, contact Pat Page, page.patricia@gmail.com or Paula Boyles, boylesrp@gmail.com

Braver Angels - "A Red & Blue Workshop" | SAT, AUG 16 | 9:00 AM

The purpose of this workshop is to learn about the experiences, feelings, and beliefs of people on both sides of the political divide. Participants will explore areas of commonality as well as difference. The goal is to gain insights that may help participants—and others—contribute to the depolarization of our communities and nation. This is not a time to challenge values or attempt to change someone’s opinion. Instead, listening and seeking understanding are key to the success of Braver Angels workshops. The workshop will be facilitated by two trained volunteers experienced in the *Braver Angels Way*. If you’re interested or have questions, please contact Peter Barrett at peterbarrett@comcast.net.

To register go to CentralUMC.org/Events or scan the QR Code:

